

ACADEMY OF OUR LADY OF PEACE

web: www.aolp.org
4860 Oregon Street
San Diego 92116
Ph: 619-297-2266
Fax: 619-297-2473
City Conference/Western
Catholic Independent
All Women/Four Years
Enrollment (9-12) = 1538
Pilots - Columbia Blue/White

Directions: I-8 to Texas St. S-L @
Madison Ave. - L @ Oregon St.

ADMINISTRATION

Prin: Sister Dolores Anchondo x 200
AP: Sister Joyce Hampel x 201
G.AD: Dr. Melinda Blade x 120
dr.blade@aolp.org
AD Sec: Maria Elena Calderon x 122
ASB: Jeanette Handelsman x 154
Finance: Trent Smail x 127
Cheer: Mark Rauch x 227
Band: N/A

VARSITY HEAD COACHES

Badminton: DNF
Baseball: DNF
B. BB: DNF
G. BB: Norman Guay
B. XC: DNF
G. XC: Dan Keays
Field Hockey: DNF
Football: DNF
B. Golf: DNF
G. Golf: Aaron Gonzales
Gymnastics: DNF
B. Lacrosse: DNF
G. Lacrosse: DNF
Roller Hockey: DNF
B. Soccer: DNF
G. Soccer: John Lewton
Softball: Jim Clift
B. Swim: DNF
G. Swim: Kevin Manley
B. Tennis: DNF
G. Tennis: Darice Carnage
B. Track: DNF
G. Track: Dan Keays
B. Volleyball: DNF
G. Volleyball: Rachel Errthum
B. Water Polo: DNF
G. Water Polo: DNF
Wrestling: DNF

ALL TRIBES AMERICAN INDIAN CHARTER SCHOOL

web: www.alltribescharter.org
34320 Valley Center Road
Valley Center 92082
Ph: 760-749-5982
Fax: 760-749-4375
Free Lance
Valley Center-Pauma U.S.D.
Four Years
Enrollment (9-12) = 41
Wolf - Red/Black/White

Directions: I-15 to Via Rancho Pkwy to
Bear Valley Pkwy to Valley Parkway East,
continue on Valley Center Rd. through Valley
Center to Rincon Reservation-across from
Rincon Market

ADMINISTRATION

Prin: Mary Ann Donohue 272-6091
ataics@aol.com
AP: N/A
AD: Michelle Parada 272-6094
Sec: Ann Mollica
annmarie0920@aol.com
ASB: N/A
Finance: N/A
Cheer: N/A
Band: N/A

VARSITY HEAD COACHES

Badminton: DNF
Baseball: Rik Mazzetti
B. BB: TBA
G. BB: TBA
B. XC: TBA
G. XC: TBA
Field Hockey: DNF
Football: Rik Mazzetti
B. Golf: DNF
G. Golf: DNF
Gymnastics: DNF
B. Lacrosse: DNF
G. Lacrosse: DNF
Roller Hockey: DNF
B. Soccer: TBA
G. Soccer: TBA
Softball: TBA
B. Swim: DNF
G. Swim: DNF
B. Tennis: DNF
G. Tennis: DNF
B. Track: DNF
G. Track: DNF
B. Volleyball: DNF
G. Volleyball: DNF
B. Water Polo: DNF
G. Water Polo: DNF
Wrestling: Nate/Scott Parada

ARMY AND NAVY ACADEMY

web: armyandnavyacademy.org
2605 Carlsbad Blvd. 92018-3000
Mail: PO Box 3000
Carlsbad, CA 92018-3000
Ph: 760-729-2385
Fax: 760-729-6791
Coastal Conference/North
Private School
All Men/Four Years
Enrollment (9-12) = 574
Warriors - Black/Gold

Directions: I-5 to Carlsbad Village Drive,
North on Carlsbad Blvd.

ADMINISTRATION

President: Gen. Steve Bliss x 232
sbliss@armyandnavyacademy.org
Dean: Derrick Leasure x 204
dleasure@armyandnavyacademy.org
AD: John Maffucci x 248
jmaffucci@armyandnavyacademy.org
AD Sec: Roberta Ford x 250
rford@armyandnavyacademy.org
Athletic Trainer: Carrie Cochran
ccochran@armyandnavyacademy.org
ASB: Cori Friedman x 211
Finance: Janet Pullen x 202
Cheer: DNF
Band: Tracie Steele

VARSITY HEAD COACHES

Badminton: DNF
Baseball: Rick Nieves
B. BB: Bobby Huggins
G. BB: DNF
B. XC: Lynda Humphreville
G. XC: DNF
Field Hockey: DNF
Football: Bert Ford
B. Golf: Dan Loden
G. Golf: DNF
Gymnastics: DNF
B. Lacrosse: DNF
G. Lacrosse: DNF
Roller Hockey: DNF
B. Soccer: TBA
G. Soccer: DNF
Softball: DNF
B. Swim: Karol Fano
G. Swim: DNF
B. Tennis: TBA
G. Tennis: DNF
B. Track: Lynda Humphreville
G. Track: DNF
B. Volleyball: DNF
G. Volleyball: DNF
B. Water Polo: Dan Loden
G. Water Polo: DNF
Wrestling: TBA

AURORA

web: www.Calexico.k12.ca.us
641 Rockwood Avenue
Calexico, CA 92065
Ph: 760-768-3940
Fax: 760-768-1459
Free Lance
Calexico U.S.D.
Coed/Four Years
Enrollment (9-12) = 223
Mascot: Eagles
Colors: Blue/White

Direction: I-8 E to Hwy 98 to R on
Hwy 111 to L on 7th to Rockwood Ave.
School on 7th and Rockwood Ave.

ADMINISTRATION

Prin: Dan Plough x 4399
dplough@calexico.k12.ca.us
AP: N/A
BAD: Sergio Nava 768-3940
Email: N/A
GAD: Mayra Garcia 768-3940
Email: N/A
AD Sec: N/A
ASB: Marco Miramon 768-3940
Finance: Aurora Pinto
Cheer: N/A
Band: N/A

VARSITY HEAD COACHES

Badminton: DNF
Baseball: TBA
B. BB: DNF
G. BB: DNF
B. XC: DNF
G. XC: DNF
Field Hockey: DNF
Football: DNF
B. Golf: DNF
G. Golf: DNF
Gymnastics: DNF
B. Lacrosse: DNF
G. Lacrosse: DNF
Roller Hockey: DNF
B. Soccer: Sergio Nava
G. Soccer: Billy Matthews
Softball: Mayra Garcia
B. Swim: Ruben Castro
G. Swim: Ruben Castro
B. Tennis: DNF
G. Tennis: DNF
B. Track: DNF
G. Track: DNF
B. VB: DNF
G. VB: DNF
B. Water Polo: DNF
G. Water Polo: DNF
Wrestling: DNF

THE BISHOP'S SCHOOL

web: www.bishops.com
7607 La Jolla Blvd.
La Jolla, CA 92037
Ph: 858-459-4021
Fax: 858-459-3914
Coastal Conference/South
Private School
Coed/Four Years
Enrollment (9-12) = 497
Knights - Maroon/Gold

Directions: N I-5 to La Jolla Pkwy/S I-5
to La Jolla Village Dr. - W to Torrey Pines Rd.
W- 52 ends at La Jolla Parkway-
L@Girard-R@Pearl-R@La Jolla Blvd

BONITA VISTA

web: www.suhds.k12.ca.us/bvh
751 Otay Lakes Road
Chula Vista, CA 91913
Ph: 619-216-5000
Fax: 619-656-1203
Metro Conference/Mesa
Sweetwater UHSD
Coed/Four Years
Enrollment (9-12) = 2579
Barons - Navy Blue/Gold

Directions: I-805 to H St East - Left @
Otay Lakes Rd.

BORREGO SPRINGS

web: www.borregosprings.edmin.com
2281 Diegueno Rd., Borrego Springs
Mail: 1315 Palm Canyon Drive
Borrego Springs, CA 92004
Ph: 760-767-5335
Fax: 760-767-5999
Southern/Citrus
Borrego Springs U.S.D.
Coed/Four Years
Enrollment (9-12) = 159
Rams - Red/Black/White

Directions: I-8 E to 67 N to 78 E to 79N
to S-2S to S-22E to R @ Palm Canyon Rd
L @ Ocotillo R @ Saddle to school.

BRAWLEY

web: www.brawleyhigh.org
480 North Imperial Avenue
Brawley, CA 92227
Ph: 760-312-5819
Fax: 760-344-9520
AD Fax: 760-312-6094
Southeastern Conference/Imperial Valley
Brawley U.S.D.
Coed/Four Years
Enrollment (9-12) = 1822
Wildcats - Royal Blue/Gold

Directions: I-8 E to (El Centro) Imperial
Ave/Hwy86/Imperial Ave - in Brawley
take 1st St to A St - 3 blks to school.

ADMINISTRATION

Headmaster: Michael Teitelman x 22
teitelmanm@bishops.com
Asst. Headmaster: Nat Coffman x 26
CO-AD: Tom Tarantino x 233
tarantinot@bishops.com
Assoc. AD: Debby Hubbard 454-1220 or x
hubbardd@bishops.com
Athletic Trainer: Jason Charlebois
charleboisj@bishops.com
ASB: Regina Ballard x 650
Finance: Kimberly Borgerding x 410
Cheer: DNF
Band: Will Parsons x 465

VARSITY HEAD COACHES

Badminton: DNF
Baseball: Al Gomez
B. BB: Tom Tarantino
G. BB: John Farrell
B. XC: Steve Brown
G. XC: Mary Fran Cullen
Field Hockey: Kristin Davidson
Football: Mike David
B. Golf: TBA
G. Golf: TBA
Gymnastics: DNF
B. Lacrosse: Steve Sepeta
G. Lacrosse: Meghan Carr
Roller Hockey: DNF
B. Soccer: Malcolm Tovey
G. Soccer: Brian Quinn
Softball: Thomas Abeyta
B. Swim: Dana Pierce
G. Swim: Chad Bishop
B. Tennis: Jose Ruelas
G. Tennis: Jose Ruelas
B. Track: Mary Fran Cullen
G. Track: Mary Fran Cullen
B. Volleyball: Tod Mattox
G. Volleyball: Todd Mattox
B. Water Polo: Jim Fales
G. Water Polo: Doug Peabody
Wrestling: DNF

ADMINISTRATION

Prin: Bettina Batista 216-5004
bettina.batista@suhds.k12.ca.us
AP: Dennis Rasmussen
AD: Lance Christensen 216-5008
lance.christensen@suhds.k12.ca.us
ASB: Dave Mitrovitch 421-5211
Finance: Barbara Griffith 421-5211
Cheer: Loren Hasley 216-5000
Band: Jason Mangan 482-0264

VARSITY HEAD COACHES

Badminton: DNF
Baseball: Vince Gervais
B. BB: Jeff Jones
G. BB: Wayne Wooten
B. XC: Jeff Phair
G. XC: Julie Phair
Field Hockey: Ralph Carrier
Football: Carl Parrick
B. Golf: Don Minor
G. Golf: Brian Bane
Gymnastics: Tina Breen
B. Lacrosse: Ed Jaworski
G. Lacrosse: Ralph Carrier
Roller Hockey: Keith Quigley
B. Soccer: Jason Murphy
G. Soccer: Ronne Pietila
Softball: John Carlson
B. Swim: TBA
G. Swim: TBA
B. Tennis: Eliana Martinez
G. Tennis: Eliana Martinez
B. Track: Keith Dewait
G. Track: Keith Dewait
B. VB: Dan Neiman
G. VB: TBA
B. Water Polo: Dan Way
G. Water Polo: Antonio Gallardo
Wrestling: Gabe Ruz

ADMINISTRATION

Prin: Gary Gernandt
ggernandt@bsusd.net
AP: N/A
AD: Carl Focarelli
cfocarelli@bsusd.net
AD Sec: Rosa Bitner
ASB: Jenny Magee
Finance: Jen Hoggan
Cheer: Rheta Schissler
Band: N/A

VARSITY HEAD COACHES

Badminton: DNF
Baseball: TBA
B. BB: Carl Focarelli
G. BB: Justin Cohen
B. XC: Cathy Paredes
G. XC: Cathy Paredes
Field Hockey: DNF
Football: Randy Peyakov
B. Golf: Robb Fuesler
G. Golf: Justin Cohen
Gymnastics: DNF
B. Lacrosse: DNF
G. Lacrosse: DNF
Roller Hockey: DNF
B. Soccer: TBA
G. Soccer: TBA
Softball: TBA
B. Swim: DNF
G. Swim: DNF
B. Tennis: DNF
G. Tennis: DNF
B. Track: DNF
G. Track: DNF
B. Volleyball: DNF
G. Volleyball: Rick Rethoret
B. Water Polo: DNF
G. Water Polo: DNF
Wrestling: DNF

ADMINISTRATION

Prin: Tony Munguia x 6085
tmunguia@brawleyhigh.org
AP: Simon Canalez 312-6070
AP: Jesse Sanchez 312-6089
AD: Bill Brewer 312-6065
bbrewer@brawleyhigh.org
AD Sec: N/A
ASB: Jeff Wise 312-6061
Finance: Myra Franco x 4175
Cheer: Joy Tucker
Band: Amy Dailey

VARSITY HEAD COACHES

Badminton: DNF
Baseball: Pedro Carranza
B. BB: Bobby Kortsen
G. BB: Mike Pacheco
B. XC: Jose Flores
G. XC: Jose Flores
Field Hockey: DNF
Football: John Bishop
B. Golf: Phil Finnell
G. Golf: Mike Romero
Gymnastics: DNF
B. Lacrosse: DNF
G. Lacrosse: DNF
Roller Hockey: DNF
B. Soccer: Frank Felix
G. Soccer: Jose Flores
Softball: Kristina Contreas
B. Swim: Nancy Kellogg
G. Swim: D'Ann Luckey
B. Tennis: Mike Palacio
G. Tennis: Mike Palacio
B. Track: Brenda Haley
G. Track: Andy Burnett
B. Volleyball: DNF
G. Volleyball: Phil Finnell
B. Water Polo: DNF
G. Water Polo: DNF
Wrestling: Tony Leon

CALEXICO

web: www.calexico.k12.ca.us
1030 Encinas Avenue
Calexico, CA 92231
Ph: 760-768-3980
Fax: 760-357-9640
AD Fax: 760-768-3995
Southeastern Conference/Imperial Valley
Calexico U.S.D.
Coed/Three Years
Enrollment (9-12) = 2709
Bulldogs - Maroon/White

Directions: I-8 E to Hwy 111 (Calexico exit) S to Hwy 98-L to Encinas Ave - R on Encinas to school on left side.

CALIPATRIA

web: N/A
601 West Main Street
Calipatria, CA 92233
Ph: 760-348-2254
Fax: 760-348-2431
Southeastern Conference/Desert
Calipatria U.S.D.
Coed/Four Years
Enrollment (9-12) = 375
Hornets - Navy Blue/Gold

Directions: I-8 to Imperial Ave or #86 NE thru Brawley to #111 - N to 9th St - L to Main - L to school.

CALVARY CHRISTIAN (VISTA)

web: ccsvista.com
885 East Vista Way
Vista, CA 92084
Ph: 760-724-4590
Fax: 760-560-0607
Citrus/Southern Conference
Private School
Coed/Four Years
Enrollment (9-12) = 130
Lions - Navy Blue/Gray

Dir: Hwy 78 to Escondido Blvd in Vista. Turn N on Escondido Blvd to R on East Vista Way. School/church on right. (Home games are offsite)

CALVARY CHRISTIAN ACADEMY (C.V.)

web: calvarysadiego.com
1771 E. Palmar Street
Chula Vista, CA 91913
Ph: 619-421-1100
Fax: 619-591-2262
Free Lance
Private School
Coed/Four Years
Enrollment (9-12) = 81
Royal Knights - Cardinal/Gold

Directions: 805 S to Telegraph Canyon E - R @ La Media - L @ E. Pamonar

ADMINISTRATION

Prin: Gilbert Barraza Jr. x 4199
gbarraza@calexico.k12.ca.us
AP: John Moreno x 4188
AD: John Moreno x 4188
jmoreno@calexico.k12.ca.us
Prin Sec: Janet Burgos x 4197
Athletic Trainer: Ruben Payan
ASB: Frank Noriega x 4177
Finance: Sandra Ramsey x 4195
Cheer: Rose Moreno-Gerardo x 4466
Band: Mark Lucas x4041

ADMINISTRATION

Prin: Virginia Calsada-Medina x 4041
vcalsada_medina@ivnet.com
Prin Sec: Margie Pizano x 4046
mpizano@calipatria.k12.ca.us
Dean: Edgar Self
AD: TBA 455-3752
AD Sec: Michelle Haggarty x 4047
mhaggarty@calipatria.k12.ca.us
ASB: Martha Self
Finance: Michelle Haggarty x 4047
Cheer: TBA
Band: TBA

ADMINISTRATION

Prin: Ron Barger
Email: N/A
AP: N/A
AD: Pete Plotnik x 701
peterplotnik@calvarychapel.com
AD Sec: Robin Boshaw
ASB: Amy Entzinger
Finance: N/A
Cheer: N/A
Band: N/A

ADMINISTRATION

Prin: Chapin Marsh
Email: cmarsh@calvarysd.com
AP: Lori Smithson
AD: Lori Smithson
AD Sec: N/A
ASB: N/A
Finance: Judy Johnson
Cheer: Claire Riviera
Band: N/A

VARSITY HEAD COACHES

Badminton: DNF
Baseball: Ricky Guzman
B. BB: Frank Moreno Jr.
G. BB: Sal Cuevas
B. XC: Jesus Rojas
G. XC: Jesus Rojas
Field Hockey: DNF
Football: Joe Apodaca
B. Golf: DNF
G. Golf: DNF
Gymnastics: DNF
B. Lacrosse: DNF
G. Lacrosse: DNF
Roller Hockey: DNF

VARSITY HEAD COACHES

Badminton: DNF
Baseball: Tom Cato
B. BB: Robert Romero
G. BB: Marty Gaines
B. XC: DNF
G. XC: DNF
Field Hockey: DNF
Football: David Shaw
B. Golf: TBA
G. Golf: TBA
Gymnastics: DNF
B. Lacrosse: DNF
G. Lacrosse: DNF
Roller Hockey: DNF

VARSITY HEAD COACHES

Badminton: DNF
Baseball: Al Arbello
B. BB: David Piester
G. BB: Michael Manning
B. XC: GW Damron
G. XC: GW Damron
Field Hockey: DNF
Football: Phil McKay
B. Golf: DNF
G. Golf: DNF
Gymnastics: DNF
B. Lacrosse: DNF
G. Lacrosse: DNF
Roller Hockey: DNF

VARSITY HEAD COACHES

Badminton: DNF
Baseball: Rick Handloser
B. BB: Chapin Marsh
G. BB: DNF
B. XC: Jeff Hall
G. XC: Jeff Hall
Field Hockey: DNF
Football: DNF
B. Golf: DNF
G. Golf: DNF
Gymnastics: DNF
B. Lacrosse: DNF
G. Lacrosse: DNF
Roller Hockey: DNF

B. Soccer: Javier Bernal
G. Soccer: Gabe Lopez
Softball: Jose Briseno
B. Swim: DNF
G. Swim: DNF
B. Tennis: TBA
G. Tennis: Xavier Leos
B. Track: Cal Armstrong
G. Track: Cal Armstrong
B. Volleyball: DNF
G. VB: TBA
B. Water Polo: DNF
G. Water Polo: DNF
Wrestling: Jose Jimenez

B. Soccer: TBA
G. Soccer: DNF
Softball: Paul Iten
B. Swim: DNF
G. Swim: DNF
B. Tennis: DNF
G. Tennis: DNF
B. Track: DNF
G. Track: DNF
B. Volleyball: DNF
G. Volleyball: Keitha McCandless
B. Water Polo: DNF
G. Water Polo: DNF
Wrestling: DNF

B. Soccer: DNF
G. Soccer: DNF
Softball: Alex Boshaw
B. Swim: DNF
G. Swim: DNF
B. Tennis: DNF
G. Tennis: DNF
B. Track: Pete Plotnik
G. Track: Pete Plotnik
B. Volleyball: DNF
G. Volleyball: Katrina Hale
B. Water Polo: DNF
G. Water Polo: DNF
Wrestling: DNF

B. Soccer: DNF
G. Soccer: Lori Smithson
Softball: Ana Rico
B. Swim: DNF
G. Swim: DNF
B. Tennis: DNF
G. Tennis: DNF
B. Track: DNF
G. Track: DNF
B. Volleyball: DNF
G. Volleyball: Silvia Galvan
B. Water Polo: DNF
G. Water Polo: DNF
Wrestling: DNF

CALVIN CHRISTIAN

web: calvinesc.org
2000 North Broadway
Escondido, CA 92026
Ph: 760-489-6430
Fax: 760-489-7055
Coastal Conference/North
Private School
Coed/Four Years
Enrollment (9-12) = 227
Crusaders - Columbia Blue/Black

Direction: I-15 North - East on 78
left @ Broadway.

CANYON CREST ACADEMY

web: www.sduhsd.net/cc
5951 Village Center Loop Road
San Diego, CA 92130
Ph: 858-350-0253
Fax: 858-350-0280
Costal Conference
San Dieguito U.H.S.D.
Coed/Four Years
Enrollment (9 only) = 375
Ravens - Black/Red

Direction: 5N to 56E to Carmel Valley Rd-L
Go across bridge to 2nd light. All games are
played at Carmel Valley Middle School unit
January '06

CARLSBAD

web: www.carlsbadhigh.com
3557 Lancer Way
Carlsbad, CA 92008
Ph: 760-331-5100
Fax: 760-729-6830
North County Conference/Avocado
Carlsbad U.S.D.
Coed/Four Years
Enrollment (9-12) = 3071
Lancers - Purple/White/Gold

Direction: I-5 to Carlsbad Village Dr
East - Right at Lancer Way.

CASTLE PARK

web: www.suhds.k12.ca.us/cph/
1395 Hilltop Drive
Chula Vista, CA 91911
Ph: 619-691-5600
Fax: 619-427-5967
Metro Conference/South Bay
Sweetwater U.H.S.D.
Coed/Four Years
Enrollment (9-12) = 2409
Trojans
Red/Black/White

Direction: I-805 to Orange Ave West.
Right @ Hilltop Dr.

ADMINISTRATION

Prin: Frank Steidl
franksteidl@hotmail.com
AP: N/A
AD: Bill Stout 489-0201
stoutcchs@hotmail.com
AD Sec: Cindy Quist 489-0201
ASB: Steve Whitener
Finance: Donna Powell 489-4335
Cheer: N/A
Band: Vicki Van Essen

ADMINISTRATION

Prin: David Jaffe x 4001
david.jaffe@sduhsd.net
Prin Sec: Sara Smith x 4001
sara.smith@sduhsd.net
AP: Brian Kohn x 4002
AD: Matt McCullough x 4005
matthew.mccullough@sduhsd.net
AD Sec: Stacy Candia x 4004
ASB: Cami Hayes
Finance: Thea Solomon x 4003
Cheer: N/A
Band: Stephanie Lomax x 4172

ADMINISTRATION

Prin: Maggie Stanchi x 5195
mstanchi@sdcoe.net
Prin Sec: Diane Jennings
djennings@sdcoe.net
AD: Chris Greene x 5152
chsathletics@hotmail.com
AD Sec: Emily Smith x 5192
Athletic Director: Larry Duensing
ASB: Tom Robertson 331-5100
Finance: Barb Olesky 331-5156
Cheer: Georlina Lapt 331-5100
Band: Ralph Ewell 331-5165

ADMINISTRATION

Prin: Maria Castilleja x 112
maria.castilleja@suhds.k12.ca.us
AP: Mary Rose Peralta x 108
Athletic Asst: Allison Macgregor 420-1483
allison.macgregor@suhds.k12.ca.us
AD: Russell Moore x 104
russell.moore@suhds.k12.ca.us
AD Sec: N/A
Atheletic Trainer: Ed Ayub
ASB: Miriam Duggan 420-1483
Finance: Leticia Castro-Lopez 420-1483
Cheer: Zoe Hernandez 691-5600
Band: TBA

VARSITY HEAD COACHES

Badminton: DNF
Baseball: Frank Bons
B. BB: Dave Bakker
G. BB: Scott Boyens
B. XC: Bill Stout
G. XC: Bill Strout
Field Hockey: DNF
Football: DNF
B. Golf: Gary Radersma
G. Golf: Mark Van Stee
Gymnastics: DNF
B. Lacrosse: DNF
G. Lacrosse: DNF
Roller Hockey: Rich Bell

VARSITY HEAD COACHES

Badminton: DNF
Baseball: Bo Ginsberg
B. BB: Brain Baum
G. BB: Terry Ryan
B. XC: Darrell Driskell
G. XC: Darrell Driskell
Field Hockey: Dara Meinert
Football: DNF
B. Golf: Matt McCullough
G. Golf: Matt McCullough
Gymnastics: DNF
B. Lacrosse: Russ Olsen
G. Lacrosse: Jeannie Chuflo
Roller Hockey: DNF

VARSITY HEAD COACHES

Badminton: DNF
Baseball: Chris Greene
B. BB: Scott Ogden
G. BB: Mark Pixley
B. XC: James Fieberg
G. XC: James Fieberg
Field Hockey: DNF
Football: Bob McAllister
B. Golf: David Emerick
G. Golf: Richard Cotton
Gymnastics: DNF
B. Lacrosse: TBA
G. Lacrosse: Elviera Coniglione
Roller Hockey: DNF

VARSITY HEAD COACHES

Badminton: DNF
Baseball: Joaquin Sosa
B. BB: Aaron Partch
G. BB: Armando Rodriguez
B. XC: Hector Hernandez
G. XC: Claudia Cortez
Field Hockey: TBA
Football: Paul Van Nostrand
B. Golf: John Frye
G. Golf: John Frye
Gymnastics: DNF
B. Lacrosse: DNF
G. Lacrosse: DNF
Roller Hockey: Brian Bush

B. Soccer: Ray Clermont
G. Soccer: Barb Van Duyen
Softball: Rich Hendricks
B. Swim: DNF
G. Swim: DNF
B. Tennis: DNF
G. Tennis: DNF
B. Track: TBA
G. Track: TBA
B. Volleyball: DNF
G. VB: Debra Rodgers
B. Water Polo: DNF
G. Water Polo: DNF
Wrestling: DNF

B. Soccer: Tom Lockhart
G. Soccer: Jeff Stewart
Softball: DNF
B. Swim: Dante Laghetto
G. Swim: Dante Laghetto
B. Tennis: Chris Black
G. Tennis: Chris Black
B. Track: Darrell Driskell
G. Track: Darrell Driskell
B. VB: Ariel Haas
G. VB: Ariel Haas
B. Water Polo: Dante Laghetto
G. W. Polo: Dante Laghetto
Wrestling: DNF

B. Soccer: Jeff Riccitelli
G. Soccer: Carl Higham
Softball: Jerry Whitley
B. Swim: J.B. Feaster
G. Swim: Karl Walker
B. Tennis: Eric Ezeir
G. Tennis: Eric Ezeir
B. Track: Rob Dubicz
G. Track: James Fieberg
B. VB: Tobin Knudsen
G. VB: Jason Harper
B. Water Polo: J.B. Feaster
G. Water Polo: Shawn Donahue
Wrestling: Ross O'Brian

B. Soccer: Ian Carbajal
G. Soccer: Michelle Mosqueda
Softball: TBA
B. Swim: Carlos Pittenger
G. Swim: Patty Hagel
B. Tennis: Sally Garcia
G. Tennis: CTBA
B. Track: Rudy Castillo
G. Track: Claudia Hernandez
B. VB: John Alano
G. VB: Mario Figueroa
B. Water Polo: Ricco Eckard
G. Water Polo: Ricco Eckard
Wrestling: Robert Schertzer

CATHEDRAL CATHOLIC HIGH SCHOOL

web: www.cathedralcatholic.com
5555 Del Mar Heights Road
San Diego, CA 92130
Ph: 858-523-4000
Fax: 858-523-4083
City Conference/Western
Diocese of San Diego
Coed/Four Years
Enrollment (9-12) = 1469
Dons
Red/Gold

Directions: I-5 to Del Mar Heights Road,
at end on R. Or I-15 to Hwy 56, W to Carmel
Country Road, travel E to Del Mar Heights Rd.

CENTRAL UNION

web: www.cuhsd.net
1001 Brighton Avenue
El Centro, CA 92243
Ph: 760-336-4300
Fax: 760-353-3570
Southeastern Conference/Imperial Valley
Central U.H.S.D.
Coed/Four Years
Enrollment (9-12) = 1706
Spartans
Blue & White

Direction: Hwy 8 east to Imperial Ave N
(El Centro) R on Holt - school is on left.

CHILDRENS CREATIVE AND PERFORMING ARTS ACADEMY (CCPAA)

web: www.ccpaasd.com
3051 El Cajon Blvd.
San Diego, CA 92104
Ph: 619-697-7724
Fax: 858-279-1243
AD Fax: 619-303-7840
Free Lance
Private School
Coed/Four Years
Enrollment (9-12) = 84
Eagles - Blue/White

Direction: I-8 to 125 N to Navajo Rd. W,
Lake Murry S, Lake Arrowhead E to Lake
Ashmere S to Lake Atlin E.

CHRISTIAN

web: www.christianunified.com
2100 Greenfield Drive
El Cajon, CA 92019
Ph: 619-440-1531
Fax: 619-590-1734
City Conference/Central
Private School
Coed/Four Years
Enrollment (9-12) = 420
Patriots
Red/White/Blue

Direction: I-8 to Greenfield Dr (El Cajon)
S on Greenfield to corner of Greenfield
and Madison Ave.

ADMINISTRATION

Prin: Michael Deely x 1143
mdeely@cathedralcatholic.org
Prin Sec: Cherise Magnan x 1143
AD: David Smola x 4022
dsmola@cathedralcatholic.org
AD Sec: Maria Oliver x 4022
ASB: Chad Colden
Finance: Sue Heller x 1135
Cheer: Christy Hughes x 1115
Band: DNF

VARSITY HEAD COACHES

Badminton: Steve Miles
Baseball: Gary Remiker
B. BB: Demetrius Laffitte
G. BB: Melissa Padgett
B. XC: Dan Geiger
G. XC: Dan Geiger
Field Hockey: Gretchen Tornaha
Football: Sean Doyle
B. Golf: Doug McLean
G. Golf: Chris Grazier
Gymnastics: DNF
B. Lacrosse: Jon Zissi
G. Lacrosse: Shanon Robinson
Roller Hockey: TBA
B. Soccer: Bryan Wood
G. Soccer: Dawn Lee
Softball: Margaret Mauro
B. Swim: Don DeAngelo
G. Swim: Don DeAngelo
B. Tennis: Ron Marquez
G. Tennis: Ron Marquez
B. Track: Dan Geiger
G. Track: Dan Geiger
B. VB: Chad Salcido
G. VB: Kelly Drobeck
B. Water Polo: Sean Green
G. Water Polo: Sean Green
Wrestling: Marc Banks

ADMINISTRATION

Prin: Emma L. Jones x 4301
eljones@cuhsd.net
AP: Steve Evangelist x 4302
AD: Steve Evangelist x 4302
steve@cuhsd.net
AD Sec: Alma Jimenez x 4330
ASB: Sandy Montalvo x 4314
Finance: Amparo Pasimio x 4467
Cheer:
Band: Rene Baker x 4436

VARSITY HEAD COACHES

Badminton: DNF
Baseball: Gene Martin
B. BB: Von Gaines
G. BB: Patsy Enders
B. XC: Bob Gaede
G. XC: Bob Gaede
Field Hockey: DNF
Football: Kevin Bird
B. Golf: John Briggs
G. Golf: Patrick Bush
Gymnastics: DNF
B. Lacrosse: DNF
G. Lacrosse: DNF
Roller Hockey: DNF
B. Soccer: Nabil Noujalm
G. Soccer: Ramon Lopez
Softball: Genaro Diaz
B. Swim: Chandra Seaman
G. Swim: Chandra Seaman
B. Tennis: Dan Williams
G. Tennis: Dan Williams
B. Track: Ron Shane
G. Track: Ron Shane
B. VB: DNF
G. VB: Alfredo Bernal
B. Water Polo: DNF
G. Water Polo: DNF
Wrestling: Fred Morgan

ADMINISTRATION

Prin: Janet M. Cherif
jmcherif@yahoo.com
AP: Melinda Thomes
AD: Mary Burns Prine 858-829-9408
mary@womenrunners.com
AD Sec: N/A
ASB: N/A
Finance: N/A
Cheer: N/A
Band: N/A

VARSITY HEAD COACHES

Badminton: DNF
Baseball: DNF
B. BB: DNF
G. BB: DNF
B. XC: Mary Burns Prine
G. XC: Mary Burns Prine
Field Hockey: DNF
Football: DNF
B. Golf: DNF
G. Golf: DNF
Gymnastics: Annalisa Lauer-Har
B. Lacrosse: DNF
G. Lacrosse: DNF
Roller Hockey: DNF
B. Soccer: Pablo Arias
G. Soccer: Pablo Arias
Softball: Jessica Contreaes
B. Swim: Mary Burns Price
G. Swim: Mary Burns Price
B. Tennis: DNF
G. Tennis: TBA
B. Track: Mary Burns Prine
G. Track: Mary Burns Prine
B. VB: Jessica Contreaes
G. VB: Jessica Contreaes
B. Water Polo: DNF
G. Water Polo: DNF
Wrestling: DNF

ADMINISTRATION

Prin: Scott Meadows x 3312
smeadows@cussd.org
Prin Sec: Rose Van Houten x 3312
rvanhouten@cussd.org
AP: N/A
AD: Ken Bailey 590-1718
kbailey@cussd.org
AD Sec: Judy Hertel 590-1724
jhertel@cussd.org
Ath Trainer: Paul Battillo pbattillo@cussd.org
ASB: Wendy Hogan
Finance: Judy Hertel 590-1724
Cheer: Judy Hertel 590-1724
Band: Bill Yeager x 3336

VARSITY HEAD COACHES

Badminton: DNF
Baseball: Mike Mitchell
B. BB: Ken Bailey
G. BB: Cori Espelet
B. XC: Mark Crafton
G. XC: Danny Sanchez
Field Hockey: DNF
Football: Matt Oliver
B. Golf: David Brewer
G. Golf: David Brewer
Gymnastics: DNF
B. Lacrosse: DNF
G. Lacrosse: DNF
Roller Hockey: DNF
B. Soccer: Jeff Vigil
G. Soccer: TBA
Softball: Roma Dawson
B. Swim: TBA
G. Swim: TBA
B. Tennis: Mike Folsom
G. Tennis: Mike Folsom
B. Track: Renee Ross
G. Track: Renee Ross
B. VB: TBA
G. VB: Barb Wnek
B. Water Polo: DNF
G. Water Polo: DNF
Wrestling: DNF

CHRISTIAN LIFE ACADEMY

web: N/A
PO Box 300038
Escondido, CA 92030
Ph: 760-741-7651
Fax: 760-727-0504
Citrus West
Private School
Coed/Four Years
Enrollment (9-12) = 65
Knights
Royal Blue/White

Direction: All games off site- contact AD.

ADMINISTRATION

Prin: Emilie Mahoney
cla1@cox.net
AP: N/A
AD: Todd Nash 760-727-3604
CalAthletics@sbcglobal.net
AD Sec: N/A

ASB: N/A
Finance: N/A
Cheer: N/A
Band: N/A

VARSITY HEAD COACHES

Badminton: DNF
Baseball: Kevin Bryant
B. BB: Todd Nash
G. BB: Todd Nash
B. XC: Todd Nash
G. XC: Todd Nash
Field Hockey: DNF
Football: Todd Nash
B. Golf: DNF
G. Golf: DNF
Gymnastics: DNF
B. Lacrosse: DNF
G. Lacrosse: DNF
Roller Hockey: DNF

B. Soccer: DNF
G. Soccer: DNF
Softball: TBA
B. Swim: Tom Brecht
G. Swim: Tom Brecht
B. Tennis: DNF
G. Tennis: DNF
B. Track: Todd Nash
G. Track: Todd Nash
B. VB: DNF
G. VB: LeAnn Dalton
B. Water Polo: DNF
G. Water Polo: DNF
Wrestling: DNF

CHULA VISTA

web: www.suhsd.k12.ca.us/cvh
820 Fourth Avenue
Chula Vista, CA 91911
Ph: 619-691-5765
Fax: 619-427-5824
Metro Conference/Mesa
Sweetwater U.H.S.D.
Coed/Four Years
Enrollment (9-12) = 2831
Spartans
Blue/White

Direction: I-805 to L St West or I-5 to L St. East - North on Fourth.

ADMINISTRATION

Prin: George Ohnesorgen x 102
george.ohnesorgen@suhsd.k12.ca.us
AP: Kevin Willard 427-8030
AD: Jim Westlund
james.westlund@suhsd.k12.ca.us
AD Sec: N/A
ASB: Kevin Willard 427-8030
Finance: Karyn Slade 427-8030
Cheer: Kathy Perry
Band: Zig Kanstul

VARSITY HEAD COACHES

Badminton: DNF
Baseball: Jim Westlund
B. BB: Gerrard Galvan
G. BB: John DeJesus
B. XC: Art Johnson
G. XC: Art Johnson
Field Hockey: Ben Villanova
Football: Judd Rachow
B. Golf: Patrick Mallory
G. Golf: DNF
Gymnastics: DNF
B. Lacrosse: Raul Cano
G. Lacrosse: DNF
Roller Hockey: Pam West

B. Soccer: Kris Larsen
G. Soccer: Carolina Soto
Softball: Jackson Wyatt
B. Swim: TBA
G. Swim: TBA
B. Tennis: AC Colter
G. Tennis: AC Colter
B. Track: Daryl Butterfield
G. Track: Felisha Mariscal
B. VB: Roger Casas
G. VB: John Gascon
B. Water Polo: Phillip Disney
G. Water Polo: Phillip Disney
Wrestling: Ed De Los Reyes

CLAIREMONT

web: http://prodo31.sandi.net/clairemonth
4150 Ute Drive
San Diego, CA 92117
Ph: 858-273-0201
Fax: 858-272-4219
City Conference/Central
San Diego U.S.D.
Coed/Four Years
Enrollment (9-12) = 1463
Chieftains
Royal Blue/Orange

Direction: I-5 to Balboa Ave East - R @ Modoc to Ute.

ADMINISTRATION

Prin: TBA
TBA
AP: Bill Laine x 2207
AD: Gerald Knuppel x 4603
gknuppel@sandi.net
AD Sec: N/A
ASB: Meg Moore x 4115
Finance: Janet Lavercombe x 2208
Cheer: Christy Maynard x 4312
Band: Don Kuhli x 4505

VARSITY HEAD COACHES

Badminton: Mike Bates
Baseball: Rob DePerro
B. BB: Brian Keiser
G. BB: Dennis Perry
B. XC: Sean Stevenson
G. XC: Sean Stevenson
Field Hockey: Judy Shaffer
Football: Rian Floco
B. Golf: Jon Beahbiem
G. Golf: DNF
Gymnastics: DNF
B. Lacrosse: DNF
G. Lacrosse: DNF
Roller Hockey: DNF

B. Soccer: John Beaubien
G. Soccer: Eric Kangas
Softball: Ron Turner
B. Swim: TBA
G. Swim: Judy Shaffer
B. Tennis: Greg Lee
G. Tennis: Greg Lee
B. Track: Sean Stevenson
G. Track: Sean Stevenson
B. VB: Gerry Knuppel
G. VB: Gerry Knuppel
B. Water Polo: Dan Knight
G. Water Polo: Marianne Watson
Wrestling: Gerard Knuppel

CORONADO

web: www.coronado.k12.ca.us
650 D Avenue
Coronado, CA 92118
Ph: 619-522-8907
Fax: 619-437-0236
City Conference/Central
Coronado U.S.D.
Coed/Four Years
Enrollment (9-12) = 945
Islanders
Green/White

Direction: I-5 over Coronado Bridge - L at Orange - R at 6th St to D Ave.

ADMINISTRATION

Prin: David Loden x 2096
dlorden@coronado.k12.ca.us
AP: N/A
AD: Sandy Ferguson x 2701
sferguson@coronado.k12.ca.us
AD Sec: N/A
ASB: Michelle Claybaugh x 2333
Finance: Kathy Redding x 2331
Cheer: Karen Maggio x 2090
Band: Dr. Carl Hammond x 2102

VARSITY HEAD COACHES

Badminton: DNF
Baseball: Sam Ceci
B. BB: Sandy Dillon
G. BB: Tolar Goodwin
B. XC: George Green
G. XC: George Green
Field Hockey: DNF
Football: Bud Mayfield
B. Golf: Dean Cummings
G. Golf: Joanna Cohen
Gymnastics: DNF
B. Lacrosse: Alex Cade
G. Lacrosse: Jessica Battle
Roller Hockey: DNF

B. Soccer: Brian Hiatt-Aleu
G. Soccer: JT Tomasche
Softball: Ed Shanholtz
B. Swim: Randy Burgess
G. Swim: Randy Burgess
B. Tennis: Robbin Adair
G. Tennis: Robbin Adair
B. Track: George Green
G. Track: George Green
B. VB: Phil Trotter
G. VB: Phil Trotter
B. Water Polo: Randy Burgess
G. Water Polo: Randy Burgess
Wrestling: DNF

CRAWFORD EDUCATIONAL COMPLEX

web: www.sandi.net/crawford
4191 Colts Way
San Diego, CA 92115
Ph: 619-583-2500
Fax: 619-583-9207
Central/Harbor
San Diego U.S.D.
Coed/Four Years
Enrollment (9-12) = 1741
Colts
Red/White/Blue

Direction: I-8 to Fairmont Ave S - L at
El Cajon Blvd - R at 54th St - L at Trojan Ave.
R on Sharon Place to Colts Way

ADMINISTRATION

Prin: Diego Gutierrez
dgutierrez@sandi.net
Prin Sec: Clara Brown
cbrown@sandi.net
AP: Lloyd Dyson x 1004
AD: Tracy McNair x 2252
tmcnair@sandi.net
AD Sec: Lupe Vallin 583-2500
ASB: Lou Coons-Champs x 4405
Finance: TBA x 1012
Cheer: Karen Rogoff x 4020
Band: N/A

VARSITY HEAD COACHES

Badminton: Thong Yang
Baseball: Chad Salmon
B. BB: Terry Tucker
G. BB: Dwight McDonald, Sr.
B. XC: Dwight McDonald, Sr.
G. XC: Dwight McDonald, Sr.
Field Hockey: DNF
Football: Tracy McNair
B. Golf: TBA
G. Golf: Linda Vadnais
Gymnastics: DNF
B. Lacrosse: DNF
G. Lacrosse: DNF
Roller Hockey: DNF
B. Soccer: TBA
G. Soccer: Jim Bloom
Softball: Jack Corasco
B. Swim: DNF
G. Swim: DNF
B. Tennis: Melanie Dunn
G. Tennis: Dwight McDonald, Jr.
B. Track: Tracy McNair
G. Track: Jim Bloom
B. VB: Aaron Lafferty
G. VB: Aaron Lafferty
B. Water Polo: DNF
G. Water Polo: DNF
Wrestling: Jon Robell

EASTLAKE

web: www.suhsd.k12.ca.us/elh
1120 Eastlake Parkway
Chula Vista, CA 91915
Ph: 619-216-5055
Fax: 619-656-9745
AD Fax: 619-215-5051
Metro Conference/Mesa
Sweetwater U.H.S.D.
Coed/Four Years
Enrollment (9-12) = 2572
Titans
Royal Blue/Kelly Green

Direction: I-805 to L St/Telegraph
Canyon Rd E - R at Eastlake Parkway.

ADMINISTRATION

Prin: Sebastian Perez x 102
sebastian.perez@suhsd.k12.ca.us
AP: Unknown 216-5067
AD: Alex Estrada 216-5051
alex.estrada@suhsd.k12.ca.us
AD Sec: Sandy Anglin 216-5067
ASB: Robert Barrett 216-5067
Finance: Sandy Anglin 216-5067
Cheer: Jim Barton 204-0607
Band: Hugh O'Neil 482-5519

VARSITY HEAD COACHES

Badminton: DNF
Baseball: Ernesto Hermosillo
B. BB: Alex Estrada
G. BB: Janet Eleazar
B. XC: Joe Stubbs
G. XC: Joe Stubbs
Field Hockey: Robert Blas
Football: John McFadden
B. Golf: Erwin Macalaguin
G. Golf: Charles Sorge
Gymnastics: Christy Ada
B. Lacrosse: Doug Murphy
G. Lacrosse: DNF
Roller Hockey: Rone Torres
B. Soccer: Mark Cozhier
G. Soccer: Amanda Stroberg
Softball: Aida Esquer
B. Swim: Bryon Monzon
G. Swim: Bryon Monzon
B. Tennis: Antonio Ramos
G. Tennis: Antonio Ramos
B. Track: John McFadden
G. Track: Joe Stubbs
B. VB: Lisa Anaya
G. VB: Lisa Anaya
B. Water Polo: Chris Barrick
G. Water Polo: Cory Canales
Wrestling: Troy Virra

EL CAJON VALLEY

web: www.guhsd.net
1035 East Madison Avenue
El Cajon, CA 92021
Ph: 619-401-4700
Fax: 619-447-3943
Grossmont Conference/North
Grossmont U.H.S.D.
Coed/Four Years
Enrollment (9-12) = 2216
Braves
Blue/Red/White

Direction: I-8 to Mollison South - L at
Madison Ave (1/2 blk on right).

ADMINISTRATION

Prin: Paul Dautremont 401-4711
pdautrem@guhsd.net
AP: Michael Sterner 401-4722
AD: Randy Robinson 401-4867
rrobinson@guhsd.net
AD Sec: Cindy Woodson 401-4725
cwoodson@guhsd.net
ASB: Doug Roselli
Finance: Linda Freize 401-4737
Cheer: Ilona Parker 401-4725
Band: Corey Blaker

VARSITY HEAD COACHES

Badminton: DNF
Baseball: Wayne Weightman
B. BB: Nate Reed
G. BB: Glenn Lee
B. XC: Glen Recasner
G. XC: Glen Recasner
Field Hockey: Krystal Montalvo
Football: Jason Texler
B. Golf: Wash Walker
G. Golf: DNF
Gymnastics: Samantha Wilkerson
B. Lacrosse: DNF
G. Lacrosse: DNF
Roller Hockey: DNF
B. Soccer: William Mosqueda
G. Soccer: Shawn McMahon
Softball: Mike McClain
B. Swim: Kevin Eslinger
G. Swim: Frank Stivers
B. Tennis: Brent Ford
G. Tennis: Brent Ford
B. Track: Ricky Gilbert
G. Track: Glen Racasner
B. VB: Jamie Daley
G. VB: Randy Adams
B. Water Polo: Frank Stivers
G. Water Polo: Tina Ballsley
Wrestling: Ryan Trammell

EL CAMINO

web: www.elcaminohigh.com
400 Rancho Del Oro Drive
Oceanside, CA 92057
Ph: 760-757-8550
Fax: 760-757-5321
AD Fax: 760-433-4954
North County Conference/Avocado
Oceanside U.S.D.
Coed/Four Years
Enrollment (9-12) = 2849
Wildcats
Brown/Gold
Direction: I-5 to Hwy 76 E. S on Rancho
Del Oro Dr. or I-15 to Hwy 78 W. R on
El Camino Real-R on Mesa Dr - L on
Rancho Del Oro.

ADMINISTRATION

Prin: Dan Daris x 2430
dan.daris@oside.k12.ca.us
Prin Sec: Barbara Anunson x 2431
barbara.anunson@oside.k12.ca.us
AP: Bob Nelson
AD: Trace Deneke x 2450
Trace.Deneke@oside.k12.ca.us
AD Sec: Renee Fernandez x 2403
renee.fernandez@oside.k12.ca.us
Ath Trainer: Doug Musgrove
doug.musgrove@oside.k12.ca.us
ASB: Jeffrey Jarrard x 2423
Finance: Adriane Vermillion x 2446
Cheer: Cheryl Robinson
Band: Mark Lowery x 2462

VARSITY HEAD COACHES

Badminton: DNF
Baseball: Joe Gonzales
B. BB: Ray Johnson
G. BB: James Greer
B. XC: Tom Kloos
G. XC: TBA
Field Hockey: DNF
Football: Trace Deneke
B. Golf: Clayton Huggins
G. Golf: Mike Franklin
Gymnastics: DNF
B. Lacrosse: DNF
G. Lacrosse: DNF
Roller Hockey: DNF
B. Soccer: Harry Torrence
G. Soccer: TBA
Softball: Ron Mizushima
B. Swim: Scott Wagner
G. Swim: John Carter
B. Tennis: Eric Mateljan
G. Tennis: Eric Mateljan
B. Track: Sean Helgesen
G. Track: Tom Sprink
B. VB: TBA
G. VB: Mani Santos
B. Water Polo: Santiago Thompson
G. Water Polo: Santiago Thompson
Wrestling: Herb Cruz

EL CAPITAN

web: www.guhds.net
10410 Ashwood Street
Lakeside, CA 92040
Ph: 619-938-9100
Fax: 619-390-8503
Grossmont Conference/North
Grossmont U.H.S.D.
Coed/Four Years
Enrollment (9-12) = 1965
Vaqueros
Black/Gold

Direction: I-8 to 67 N - R at Maplevue - L at Ashwood.

ESCONDIDO

web: www.ehscougars.com
1535 North Broadway
Escondido, CA 92026
Ph: 760-291-4000
Fax: 760-739-7313
North County Conference/Valley
Escondido U.H.S.D.
Coed/Four Years
Enrollment (9-12) = 2634
Cougars
Orange/Black

Direction: I-15 to Hwy 78 E - L at North Broadway - 1 mile on left.

ESCONDIDO ADVENTIST ACADEMY

web: www.eaaschool.org
1233 West Ninth Avenue
Escondido, CA 92029
Ph: 760-746-1800
Fax: 760-743-3499
Southern Conference/ Citrus West
Private School
Coed/Four Years
Enrollment (9-12) = 111
Hawks
Red/White

Direction: I-15 to Ninth Ave/Auto Pkwy exit - W under freeway to second left (W. Ninth Ave).

ESCONDIDO CHARTER

web: www.echs.org
1868 East Valley Parkway
Escondido, CA 92027
Ph: 760-737-3154
Fax: 760-738-8996
Free Lance
Escondido U.H.S.D.
Coed/Four Years
Enrollment (9-12) = 901
White Tigers
Maroon/White/Black

Direction: I-15 No to Via Rancho Pkwy - R on Bear Valley Pkwy - L at fork - Midway to E Valley Pkwy - L to school.

ADMINISTRATION

Prin: Bill Sullivan
bsullivan@guhds.net
AP: Lance Yocom 938-9122
AD: Steve Vickery
svickery@guhds.net
AD Sec: Nancy Hitchcock 938-9112
ASB: Sandy Martinez 938-9187
Finance: Annie Barnes 938-9137
Cheer: Melissa Armstrong 443-8952
Band: Roger Brown 938-9273

VARSITY HEAD COACHES

Badminton: DNF
Baseball: Steve Vickery
B. BB: Ross Furrow
G. BB: Darin Curtis
B. XC: Anthony Garcia
G. XC: Anthony Garcia
Field Hockey: Sandy Galea-Mart
Football: Ron Burner
B. Golf: Kent Holly
G. Golf: Richard Kraven
Gymnastics: Samantha Wilkerson
B. Lacrosse: DNF
G. Lacrosse: DNF
Roller Hockey: DNF
B. Soccer: Jared Lynch
G. Soccer: Matt Robertson
Softball: Joe C. Cota
B. Swim: Wesley Tart
G. Swim: Wesley Tart
B. Tennis: Mary Alice Hillier
G. Tennis: Nikki Schultz
B. Track: Anthony Garcia
G. Track: Chris Ruff
B. VB: Mary Russell
G. VB: Mary Russell
B. Water Polo: Robin Sanchez
G. Water Polo: Robin Sanchez
Wrestling: Frank Ludwig

ADMINISTRATION

Prin: Susan Emerson x 4002
semerson@euhsd.k12.ca.us
AP: Ken Walker 760-291-4025
AD: Paul Gomes 291-4030
pgomes@euhsd.k12.ca.us
AD Sec: Becky O'Connor 291-4030
ASB: Heather Weiner 291-4034
Finance: Penny Dorschel 291-4015
Cheer: Heather Weiner 291-4034
Band: Jamie Welch 291-4066

VARSITY HEAD COACHES

Badminton: DNF
Baseball: Steve Afenir
B. BB: Paul Baldwin
G. BB: Chris Williams
B. XC: Jerid Meek
G. XC: Jerid Meek
Field Hockey: Kelly Boden
Football: Paul Gomes
B. Golf: Steve Bridges
G. Golf: Tom Winter
Gymnastics: DNF
B. Lacrosse: DNF
G. Lacrosse: DNF
Roller Hockey: DNF
B. Soccer: Carlos Hernandez
G. Soccer: Martyn Hansford
Softball: Cary Weiler
B. Swim: Gary Sadnick
G. Swim: Gary Sadnick
B. Tennis: Rigo Cisneros
G. Tennis: Rigo Cisneros
B. Track: Randy Boozer
G. Track: Randy Boozer
B. VB: Kyle Truesdale
G. VB: Lori Becker
B. Water Polo: Gary Sadnick
G. Water Polo: Gary Sadnick
Wrestling: Joe Gelormini

ADMINISTRATION

Prin: Kristine Fuentes x 107
principal@eaaschool.org
AP: N/A
AD: Doug Zimmerman x 119
Broncomaniac7@cox.net
AD Sec: N/A
ASB: Cristy-Anna Olmeda x 127
Finance: Corinne Robinson x 105
Cheer: N/A
Band: N/A

VARSITY HEAD COACHES

Badminton: DNF
Baseball: DNF
B. BB: Doug Zimmerman
G. BB: Michael Defreese
B. XC: DNF
G. XC: DNF
Field Hockey: DNF
Football: DNF
B. Golf: DNF
G. Golf: DNF
Gymnastics: DNF
B. Lacrosse: DNF
G. Lacrosse: DNF
Roller Hockey: DNF
B. Soccer: DNF
G. Soccer: DNF
Softball: Flavio Velez
B. Swim: DNF
G. Swim: DNF
B. Tennis: DNF
G. Tennis: DNF
B. Track: DNF
G. Track: DNF
B. VB: Dan Nicola
G. VB: Doug Zimmerman
B. Water Polo: DNF
G. Water Polo: DNF
Wrestling: DNF

ADMINISTRATION

Execu. Dir: Dennis Snyder x 119
dsnyder@echs.org
Asst. Dir: Shawn Roner x 158
sroner@echs.org
Prin Sec: Lora Dann x 120
ldann@echs.org
AD: Greg Brose x 234
gbrose@echs.org
AD Sec: N/A
ASB: Jonathan Takagi x 127
Finance: Sheila Randle x 150
Cheer: Lisa Wood x 163
Band: N/A

VARSITY HEAD COACHES

Badminton: DNF
Baseball: Jeff Boyer
B. BB: Gerard Tanksley
G. BB: Chris Keyser
B. XC: Jeff Boyer
G. XC: Jeff Boyer
Field Hockey: DNF
Football: Greg Brose
B. Golf: Greg Johns
G. Golf: TBA
Gymnastics: DNF
B. Lacrosse: DNF
G. Lacrosse: DNF
Roller Hockey: DNF
B. Soccer: Mark Cheney
G. Soccer: Jorge Torres
Softball: Jesse Cazares
B. Swim: DNF
G. Swim: DNF
B. Tennis: DNF
G. Tennis: DNF
B. Track: DNF
G. Track: DNF
B. VB: Tahli Henry/Jose Munoz
G. VB: TBA
B. Water Polo: DNF
G. Water Polo: DNF
Wrestling: Greg Brose

FALLBROOK

web: www.fallbrookhs.net
2400 South Stagecoach Lane
Fallbrook, CA 92028
Ph: 760-723-6300
Fax: 760-731-6192
AD Fax: 760-723-6439
North County Conference/Avocado
Fallbrook U.H.S.D.
Coed/Four Years
Enrollment (9-12) = 2930
Warriors
Red/White/Gold Accent

Direction: I-15 N to Hwy 76 W to
Mission Rd N to R at Stagecoach Lane.

FOOTHILLS CHRISTIAN (FORMERLY VENTURE CHRISTIAN)

web: www.foothillschristianschool.com
2321 Dryden Road
El Cajon, CA 92020
Ph: 619-447-8124
Fax: 619-741-2648
Free Lance
Private
Coed/Four Years
Enrollment (9-12) = 197
Knights
Purple/Silver

Directions: All sports are conducted
offsites

FRANCIS PARKER

web: www.francisparker.org
6501 Linda Vista Road
San Diego, CA 92111
Ph: 858-569-7900
Fax: 858-569-0942
AD Fax: 858-569-0942
Coastal Conference/South
Private School
Coed/Four Years
Enrollment (9-12) = 442
Lancers
Brown/Gold/White
Dir: I-8 to Morena Blvd N - R @ Linda
Vista Rd or I-805 to 163 S to Friars Rd W.
R on Via Las Cumbres-R Linda Vista Rd.

GOMPERS SECONDARY

web: N/A
1110 Carolina Lane
San Diego, CA 92102
Ph: 619-527-5138
Fax: 619-262-5341
City Conference/Central
San Diego U.S.D.
Coed/Three Years
Enrollment (9-12) = 927
Wildcats
Navy Blue/Gold

Direction: I-805 to Market St/Imperial
Ave - E to 47th St - L to Gompers or I-94
to Euclid-S to Market-R to 47th-R to sch.

GRANITE HILLS

web: www.guhsd.net/granitehills/ghhs/
1719 East Madison Avenue
El Cajon, CA 92019
Ph: 619-593-5500
Fax: 619-588-9389
Grossmont Conference/South
Grossmont U.H.S.D.
Coed/Four Years
Enrollment (9-12) = 2817
Eagles/Ernie
Columbia Blue/Navy Blue

Direction: I-8 to 2nd St South (in El
Cajon) - L on Madison Ave.

ADMINISTRATION

Prin: Rod King x 3102
rking@fuhsd.net
AP: Unknown
AD: John Hayek x 3601
jhayek@fuhsd.net
AD Sec: Shar Larsen x 3610
slarsen@fuhsd.net
ASB: Josh Way x 3501
Finance: Norma Trujillo x 3502
Cheer: Chris Steffler x 2140
Band: TBA

VARSITY HEAD COACHES

Badminton: DNF
Baseball: Matt Parker
B. BB: Mike West
G. BB: Len Whitacre
B. XC: Marty Hauck
G. XC: Troy Hamlin
Field Hockey: Kathy Waite
Football: Patrick Schmidt
B. Golf: Steve Jorde
G. Golf: David Heid
Gymnastics: Debbie Maricle
B. Lacrosse: Frank Rotunda
G. Lacrosse: TBA
Roller Hockey: DNF
B. Soccer: Andy DeSouza
G. Soccer: Ted Small
Softball: Rick Kearney
B. Swim: Bill Richardson
G. Swim: Sean Redmond
B. Tennis: TBA
G. Tennis: Dave Ramirez
B. Track: Marty Hauck
G. Track: Tim Hauck
B. VB: Tom Saunders
G. VB: Gailen Tomlinson
B. Water Polo: Bob Lamont
G. Water Polo: Erin Esbensen
Wrestling: Charlie Russell

ADMINISTRATION

Prin: Pastor Loren Naffziger
loren.naffziger@foothillschristianschool.com
Prin Sec/AD Sec: Paula Naffziger
paula.naffziger@foothillschristianschool.com
AP: Rev. Tom Edelen
AD: Pastor Loren Naffziger
fchs.admin@foothillschristianschool.com
AD Sec: Paula Naffziger
ASB: Cari Jensen
Finance: Paula Naffziger
Cheer: Nancy Foley
Band: DNF

VARSITY HEAD COACHES

Badminton: DNF
Baseball: James McHugh
B. BB: Brad Leaf
G. BB: Tom Edelen
B. XC: Tom Snooks
G. XC: Tom Snooks
Field Hockey: DNF
Football: Chris Hamilton
B. Golf: Tom Avery
G. Golf: Tom Avery
Gymnastics: DNF
B. Lacrosse: Bill Nigh
G. Lacrosse: DNF
Roller Hockey: DNF
B. Soccer: Rex Gastrich
G. Soccer: Tom Snooks
Softball: Bruce Marquis
B. Swim: DNF
G. Swim: DNF
B. Tennis: DNF
G. Tennis: DNF
B. Track: DNF
G. Track: DNF
B. VB: DNF
G. VB: Roxanne Hamilton
B. Water Polo: DNF
G. Water Polo: DNF
Wrestling: DNF

ADMINISTRATION

Prin: Diane Bergel x 4120
dbergel@francisparker.org
AP: Marc Thiebach x 4140
AD: Dan Kuiper x 4147
dkuiper@francisparker.org
AD Sec: Jean Rose x 4124
jrose@francisparker.org
Athletic Trainer: Jarrad Phillips
jphillips@francisparker.org
ASB: Marc Thiebach x 4140
Finance: Jean Rose x 4124
Cheer: Jan Rogers x 4107
Band: Michael Gonzales x 4150

VARSITY HEAD COACHES

Badminton: DNF
Baseball: David Glassey
B. BB: Jim Tomey
G. BB: Lakeysa Wright
B. XC: Matt Schellenberg
G. XC: Matt Schellenberg
Field Hockey: DNF
Football: John Morrison
B. Golf: Stacey Zoyiopoulos
G. Golf: Stacey Zoyiopoulos
Gymnastics: DNF
B. Lacrosse: Louie Bevilacqua
G. Lacrosse: Jill Albee
Roller Hockey: DNF
B. Soccer: Kevin Yaley
G. Soccer: Marc Thiebach
Softball: Josh Stepler
B. Swim: DNF
G. Swim: DNF
B. Tennis: Chad Kawahara
G. Tennis: Chad Kawahara
B. Track: Megan Addy
G. Track: Megan Addy
B. VB: Eric Sato
G. VB: Eric Sato
B. Water Polo: DNF
G. Water Polo: DNF
Wrestling: DNF

ADMINISTRATION

Prin: Don Mitchell x 2202
dmitchell2@sandi.net
Prin Sec: Jo Ann Kelley x 2202
jkelly@sandi.net
AP: N/A
AD: Michel Renaud x 2274
mrenaud@sandi.net
Athletic Asst: Ginny LaRowe x 4215
glarowe@sandi.net
ASB: Angie Bruno x 3006
Finance: Michel Renaud x 2274
Cheer: Anthony Johnson x 2275
Band: Sharletta Richardson x 4106

VARSITY HEAD COACHES

Badminton: DNF
Baseball: DNF
B. BB: Michael Desjardins
G. BB: Anthony Johnson
B. XC: DNF
G. XC: DNF
Field Hockey: DNF
Football: DNF
B. Golf: DNF
G. Golf: DNF
Gymnastics: DNF
B. Lacrosse: DNF
G. Lacrosse: DNF
Roller Hockey: DNF
B. Soccer: Jamie Campos
G. Soccer: DNF
Softball: DNF
B. Swim: DNF
G. Swim: DNF
B. Tennis: Mathew Miyashiro
G. Tennis: Mathew Miyashiro
B. Track: DNF
G. Track: DNF
B. VB: Michael Desjardins
G. VB: Michael Desjardins
B. Water Polo: DNF
G. Water Polo: DNF
Wrestling: DNF

ADMINISTRATION

Prin: Georgette Torres 593-5511
gtorres@guhsd.net
AP: Jake Gaeir 593-5523
AD: Dave Waastad 593-5630
dwaastad@guhsd.net
AD Sec: Cherrie Launder 593-5524
ASB: Bob Wakefield 593-5586
Finance: Roxanne Waastad 593-553
Cheer: Michelle Pittman 593-5600
Band: Sean McMeeken 593-5629

VARSITY HEAD COACHES

Badminton: DNF
Baseball: James Davis
B. BB: Randy Anderson
G. BB: Jerry Parker
B. XC: Dave Yarbrough
G. XC: Dave Yarbrough
Field Hockey: DNF
Football: Randy Dewitt
B. Golf: Josh Barney
G. Golf: Jennie Hinkle
Gymnastics: Jennipher Edgil
B. Lacrosse: Jeff McDade
G. Lacrosse: TBA
Roller Hockey: DNF
B. Soccer: Gil Vejar
G. Soccer: Gil Vejar
Softball: TBA
B. Swim: Rhett Gaeir
G. Swim: Cathy Elgas
B. Tennis: Paul Hedberg
G. Tennis: Patty Tibbits
B. Track: Erik Dann
G. Track: Dave Yarbrough
B. VB: Dan Santos
G. VB: Dan Santos
B. Water Polo: Rhett Gaeir
G. Water Polo: Danny Root
Wrestling: Bart Harley

GROSSMONT

web: www.guhsd.net/GROSSMONT
1100 Murray Drive, El Cajon 92020
Mail: P.O. Box 1043, La Mesa 91944
Ph: 619-668-6000
Fax: 619-463-7108
Grossmont Conference/North
Grossmont U.H.S.D.
Coed/Four Years
Enrollment (9-12) = 2394
Foothillers
Royal Blue/Gold

Direction: I-8 to Severin North - Right at Murray Drive.

GUAJOME PARK ACADEMY

web: www.guajome.net
2000 North Santa Fe Avenue
Vista, CA 92083
Ph: 760-631-8500
Fax: 760-631-8503
Southern/Citrus Conference
Vista U.S.D.
Coed/Four Years
Enrollment (9-12) = 708
Frogs
Teal/Black/White

Direction: I-15 N to Hwy 78 W - R @ Vista Village L @ N. Santa Fe OR I-5N to 78E to Vista Village-L L @ N. Santa Fe

H-TOWN CHRISTIAN ACADEMY

web: H-TOWN.org
6785 Imperial Avenue
San Diego, CA 92114
Ph: 858-869-3052
Fax: Unknown
Private School
Coed/Four Years
Enrollment (9-12) = 53
T-Wolves
Navy/Silver

Direction: I-805 to University West-left on Utah-left on North Park Way
All games are played offsite

HELIX CHARTER

web: www.helixcharter.net
7323 University Avenue
La Mesa, CA 91941
Ph: 619-644-1940
Fax: 619-462-9266
Grossmont Conference/South
Grossmont U.H.S.D.
Coed/Four Years
Enrollment (9-12) = 2470
Highlanders/Scottie Dog
Green/Gray/Black

Direction: I-8 to 70th St. South - L at University Ave - R at Lowell.

ADMINISTRATION

Prin: Theresa Kemper x 6012
tkemper@guhsd.net
AP: Dan Barnes x 6022
AD: Frank Foggiano x 6144
ffoggiano@guhsd.net
AD Sec: Cindy Proctor x 6024
cproctor@guhsd.net
ASB: Jeremy Hersch
Finance: Sue Honeycutt x 6037
Cheer: Jeni Mendel/Dave Hupf x 609
Band: Jon Borodach x 6181

ADMINISTRATION

Prin: Penny Harrison x 1220
harrisonpe@guajome.net
Prin Sec: Dawn Voss x 1222
vossda@guajome.net
AD: Jeff Ukrainetz x 3043
ukrainetzje@guajome.net
AD Sec: N/A
ASB: Nicole Battard
Finance: Janet Waidelich x 1213
waidelichja@guajome.net
Cheer: N/A
Band: N/A

ADMINISTRATION

Prin: Frank Henry 858-274-7910
AP: N/A
AD: Ray Toilolo 742-4223
email: rtoilolo@h-town.org
AD Sec: N/A
ASB: N/A
Finance: N/A
Cheer: N/A
Band: N/A

ADMINISTRATION

Prin: Doug Smith x 112
dsmith@helixcharter.net
AP: Kevin Osborn x 241
AD: Damon Chase x 524
dchase@helixcharter.net
Admin Asst: Jim Arnaiz x 182
jarnaiz@helixcharter.net
AD Sec: N/A
Athletic Trainer: Kim Leavitt
kleavit@helixcharter.org
ASB: Jeff Wenham x 243
Finance: Angel Siscon x 455
Cheer: Beth Leighton x 390
Band: Matt Quiroz x 178

VARSITY HEAD COACHES

Badminton: DNF
Baseball: Rob Phillips
B. BB: Frank Foggiano
G. BB: Tim Jollett
B. XC: Bobby Sanchez
G. XC: Ross Bartell
Field Hockey: DNF
Football: Judd Hulbert
B. Golf: Johnny Gonzales
G. Golf: Johnny Gonzales
Gymnastics: Courtney Irwin
B. Lacrosse: J.J. Miramontes
G. Lacrosse: John Neill
Roller Hockey: DNF

B. Soccer: John Foster
G. Soccer: Jay Sevier
Softball: Jerry Lerud
B. Swim: Doug Selby
G. Swim: Doug Selby
B. Tennis: Nathan Welden
G. Tennis: Hillary Park
B. Track: Bobby Sanchez
G. Track: Ross Bartell
B. VB: TBA
G. VB: Armando Fry
B. Water Polo: Adam Thompson
G. Water Polo: Adam Thompson
Wrestling: Todd Bell

VARSITY HEAD COACHES

Badminton: DNF
Baseball: Chris Findell
B. BB: Morgan Singleton
G. BB: Jennifer Wilson
B. XC: Pat Duffy
G. XC: Pat Duffy
Field Hockey: DNF
Football: DNF
B. Golf: Luis Llamas
G. Golf: DNF
Gymnastics: DNF
B. Lacrosse: DNF
G. Lacrosse: DNF
Roller Hockey: DNF

B. Soccer: Sam Groenwold
G. Soccer: Leigh Dick
Softball: Debbie Duffy
B. Swim: DNF
G. Swim: DNF
B. Tennis: DNF
G. Tennis: DNF
B. Track: Pat Duffy
G. Track: Pat Duffy
B. VB: DNF
G. VB: Jennifer Wilson
B. Water Polo: DNF
G. Water Polo: DNF
Wrestling: DNF

VARSITY HEAD COACHES

Badminton: DNF
Baseball: Robert Coons
B. BB: DNF
G. BB: DNF
B. XC: DNF
G. XC: DNF
Field Hockey: DNF
Football: Raymond Toilolo
B. Golf: DNF
G. Golf: DNF
Gymnastics: DNF
B. Lacrosse: DNF
G. Lacrosse: DNF
Roller Hockey: DNF

B. Soccer: DNF
G. Soccer: Danny Villareal
Softball: DNF
B. Swim: DNF
G. Swim: DNF
B. Tennis: DNF
G. Tennis: DNF
B. Track: Frank Henry
G. Track: Frank Henry
B. VB: DNF
G. VB: DNF
B. Water Polo: DNF
G. Water Polo: DNF
Wrestling: DNF

VARSITY HEAD COACHES

Badminton: DNF
Baseball: Cole Holland
B. BB: John Singer
G. BB: Trina Hanson
B. XC: Dave Schultz
G. XC: Todd Weber
Field Hockey: Cheryl Tyler
Football: Donnie Van Hook
B. Golf: Frank Theroux
G. Golf: Frank Theroux
Gymnastics: DNF
B. Lacrosse: Chris Ticconi
G. Lacrosse: George Carnes
Roller Hockey: DNF

B. Soccer: Jeff Kepper
G. Soccer: Garry Wilcox
Softball: Mark Paule
B. Swim: Joel Hull
G. Swim: Lenelle Dorfi
B. Tennis: Jay Diaz
G. Tennis: Jay Diaz
B. Track: Dave Schultz
G. Track: Dave Schultz
B. VB: Phillip Jackson
G. VB: Phillip Jackson
B. Water Polo: Joe Hull
G. Water Polo: Lenelle Wylie
Wrestling: John Vanderpot

HIGH TECH HIGH

web: www.hightechhigh.org
2861 Womble Road
San Diego, CA 92106
Ph: 619-398-8621
Fax: 619-243-5050
Free Lance
San Diego U.S.D. - Charter
Coed/Four Years
Enrollment (9-12) = 453

Direction: I-8 or I-5 to Rosecrans - past
Lytton to light at Gate 3 of NTC/Liberty
Stateon development-follow signs to HTH.

HILLTOP

web: www.hilltoplancers.org
555 Claire Avenue
Chula Vista, CA 91910
Ph: 619-691-5640
Fax: 619-425-3284
Metro Conference/South Bay
Sweetwater U.H.S.D.
Coed/Four Years
Enrollment (9-12) = 2357
Lancers
Green/White/Black

Direction: I-805 to H St West or I-5 to
H St East - S on Hilltop Dr - L at Whitney.

HOLTVILLE

web: www.holtville.k12.ca.us
755 Olive Avenue
Holtville, CA 92250
Ph: 760-356-2926
Fax: 760-356-1206
Southeastern Conference/Imperial Valley
Holtville U.S.D.
Coed/Four Years
Enrollment (9-12) =577
Vikings
Kelly Green/Gold

Direction: I-8 East (120 miles) - N on
Orchard Rd (becomes Cedar)- L on 7th-
School on R side.

HOOVER

web: http://hoover.sandi.net
4474 El Cajon Blvd.
San Diego, CA 92115
Ph: 619-283-6281
Fax: 619-280-5837
City Conference/Central
San Diego U.S.D.
Coed/Four Years
Enrollment (9-12) = 2204
Cardinals
Red/White/Black

Direction: I-15 North or South, Exit El Cajon
Blvd. East

(DIRECTORY UPDATE INFO NOT SUBMITTED FOR 2005-06)

ADMINISTRATION

Director: Ben Daley
bdaley@hightechhigh.org
AP: N/A
AD: Rodney Garcia
rodgarcia@hightechhigh.org
AD Sec: N/A
ASB: TBA
Finance: N/A
Cheer: Shalee Davis 243-5017
Band: N/A

VARSITY HEAD COACHES

Badminton: DNF
Baseball: Cory Tatz
B. BB: Larry Fellers
G. BB: DNF
B. XC: TBA
G. XC: TBA
Field Hockey: DNF
Football: DNF
B. Golf: DNF
G. Golf: DNF
Gymnastics: DNF
B. Lacrosse: DNF
G. Lacrosse: DNF
Roller Hockey: DNF
B. Soccer: DNF
G. Soccer: DNF
Softball: TBA
B. Swim: DNF
G. Swim: DNF
B. Tennis: TBA
G. Tennis: TBA
B. Track: TBA
G. Track: TBA
B. VB: DNF
G. VB: Greg Hedgecook
B. Water Polo: DNF
G. Water Polo: DNF
Wrestling: DNF

ADMINISTRATION

Prin: Jerry Rindone
jerry.rindone@suhsd.k12.ca.us
Athletic Asst: Joe Heinz
joe.heinz@suhsd.k12.ca.us
AD: Nancy Acerrio 691-5779
nancy.acerrio@suhsd.k12.ca.us
AD Sec: N/A
ASB: TBA
Finance: Shu Larson 427-4030
Cheer: TBA
Band: Kathleen Hansen 691-5627

VARSITY HEAD COACHES

Badminton: DNF
Baseball: Kurt Gritts
B. BB: Chuck Vallero
G. BB: Ray Jindra
B. XC: Mark Hedderson
G. XC: Mark Hedderson
Field Hockey: Lynn Garcia
Football: Andy Diaz
B. Golf: Chuck Vallero
G. Golf: TBA
Gymnastics: TBA
B. Lacrosse: Pete Bishop
G. Lacrosse: TBA
Roller Hockey: Dan Vacarro
B. Soccer: John Salts
G. Soccer: Lissette Martinez
Softball: Nancy Acerrio
B. Swim: John Salts
G. Swim: TBA
B. Tennis: Chris Gentry
G. Tennis: Chris Gentry
B. Track: Mark Hedderson
G. Track: Mark Hedderson
B. VB: John Gascon
G. VB: Nancy Acerrio
B. Water Polo: John Salts
G. Water Polo: Jeff Zarucky
Wrestling: Tim Tyler

ADMINISTRATION

Prin: Jackie Hester
jackie@holtville.k12.ca.us
AP: Darrell Pechtl x 108
AD: John Reschert x 4261
email: jreschert@holtville.k12.ca.us
AD Sec: Chrys Diez x 100
queenb@holtville.k12.ca.us
ASB: Ed Queen x 100
Finance: Chrys Diez x 100
Cheer: Samantha Stacey
Band: Lendal Macon x 132

VARSITY HEAD COACHES

Badminton: DNF
Baseball: TBA
B. BB: John Reschert
G. BB: Tony Ramos
B. XC: David Strong
G. XC: David Strong
Field Hockey: DNF
Football: C.J. Johnston
B. Golf: John Reschert
G. Golf: DNF
Gymnastics: DNF
B. Lacrosse: DNF
G. Lacrosse: DNF
Roller Hockey: DNF
B. Soccer: Juan Arroyo
G. Soccer: Martha Arroyo
Softball: Kevin Kerns
B. Swim: DNF
G. Swim: DNF
B. Tennis: DNF
G. Tennis: Barbara Angulo
B. Track: Chad Vanacker
G. Track: Chad Vanacker
B. VB: DNF
G. VB: Lindsay Cato
B. Water Polo: DNF
G. Water Polo: DNF
Wrestling: C.J. Johnston

ADMINISTRATION

Prin: Doug Williams x 2104
dwilliams3@sandi.net
Prin Sec: Deby Cowan x 2104
dcowan@sandi.net
AP: Andy Trakas x 2172
AD: Ron Lardizabal x 2162
rlardizabal@sandi.net
AD Sec: Vince Guarnotta x 2162
ASB: Dan Camacho x 2130
Finance: Herman Acosta x 237
Cheer: Melissa Hartly x 2257
Band: Debbie Nevin x 2127

VARSITY HEAD COACHES

Badminton: Vu Nguyen
Baseball: Ron Lardizabal
B. BB: Ollie Goulston
G. BB: Joan Bondad
B. XC: Mark Hoskisson
G. XC: Mark Hoskisson
Field Hockey: DNF
Football: Mike Wright
B. Golf: Terry Johnes
G. Golf: DNF
Gymnastics: DNF
B. Lacrosse: DNF
G. Lacrosse: DNF
Roller Hockey: DNF
B. Soccer: Paop Santos
G. Soccer: Paop Santos
Softball: Sharon Mitchell-Reynolds
B. Swim: Vince Guarnotta
G. Swim: Vince Guarnotta
B. Tennis: Kim Brangle
G. Tennis: Kim Brangle
B. Track: Jeff Wilson
G. Track: Mary McCarthy
B. VB: DNF
G. VB: Mary McCarthy
B. Water Polo: DNF
G. Water Polo: DNF
Wrestling: Mark Hoskisson

HORIZON

web: www.horizonsd.org
5331 Mt. Alifan Drive
San Diego, CA 92111
Ph: 858-244-0333
Fax: 858-654-3054
Coastal Conference/South
Private School
Coed/Four Years
Enrollment (9-12) =394
Panthers
Red/Black

Direction: I-5 to Balboa East or I-805 to Balboa West - South on Genesee - Right at Mt. Alifan Drive.

IMPERIAL

web: N/A
517 West Barioni Blvd.
Imperial, CA 92251
Ph: 760-355-3220
Fax: 760-355-0869
Southeastern Conference/Desert Mt.
Imperial U.S.D.
Coed/Four Years
Enrollment (912) = 754
Tigers
Red/White

Direction: I-8 to Imperial Ave exit (also Hwy 86 in Imperial) - N to Barioni Blvd - L to school.

JULIAN

http://julian.ca.schoolwebpages.com
1656 Highway 78, Julian
Mail: P.O. Box 417
Julian, CA 92036
Ph: 760-765-0606 x 100
Fax: 760-765-2926
Southern Conference
Julian U.H.S.D.
Coed/Four Years
Enrollment (9-12) =238
Eagles
Maroon/White
Direction: I-8 to 67 N (becomes Hwy 78 in Ramona) R at Main St in Julian - L at Banner.

KEARNY HIGH EDUCATIONAL COMPLEX

web: http://kearnykometes.sandi.net
7651 Wellington Street
San Diego, CA 92111
Ph: 858-496-8370
Fax: 858-277-7681
City Conference/Eastern
San Diego U.S.D.
Coed/Four Years
Enrollment (9-12) = 1622
Kometes
Maroon/White/Grey

Direction: I-805 to Mesa College Dr W - L on Linda Vista Rd - park R or I-163 to Genesee W - R Linda Vista Rd - park L.

ADMINISTRATION

Prin: Jason Cook x 1217
zjones@horizonsd.org
AP: Chris Johnson
AD: Waheed Mitchell x 1245
hsathletics@horizonsd.org
AD Sec: Tina Keehl
ASB: Jason Steffin x 1258
Finance: Debbie Lawler x 1285
Cheer: Rose Deakman x 1287
Band: JR Wall x 1280

ADMINISTRATION

Prin: Lisa Tabarez x 8003
lisat@icoe.k12.ca.us
Prin Sec: Martha Tabarez x 8002
ihsoff@icoe.k12.ca.us
AP: Aimee Queen x8004
B. AD: Victor Cruz x 8010
ihsscur@ivnet.org
AD Sec: Noni Lopez x 8007
ASB: Keja Beeson x 705
Finance: Noni Lopez x 8007
Cheer: Pam Beal 355-3244
Band: Brooke Kofford 355-3226

ADMINISTRATION

Prin: Brian Bristol x 102
bbristol@sdcoe.net
AP: Cara Kern x 129
AD: Brian Bristol x 102
AD Sec: Kim Dalton x 127
ASB: Garnette Riney x 208
Finance: Martha Masch x 108
Cheer: Alexis Luitjeos x 205
Band: Garnette Riney x 208

ADMINISTRATION

Prin: Cheryl Hibbeln X 7901
chibbein@sandi.net
AP: None
AD: David Navarro 619-508-0906
dnavarro1@sandi.net
AD Sec: Debbie Suggs x 2940
ASB: Mike Paredes x 4906
Finance: Leonor Alatorre x 2027
Cheer: Felicia Daniels 619-255-5472
Band: Barbara Toombs x 4801

VARSITY HEAD COACHES

Badminton: DNF
Baseball: Clarence Black
B. BB: Zack Jones
G. BB: Vicki Carrington
B. XC: Gene Reed
G. XC: Gene Reed
Field Hockey: DNF
Football: Chris Johnson
B. Golf: Gene Reed
G. Golf: DNF
Gymnastics: DNF
B. Lacrosse: DNF
G. Lacrosse: DNF
Roller Hockey: DNF
B. Soccer: Aaron McIntosh
G. Soccer: Matt Chapman
Softball: Don Shankle
B. Swim: DNF
G. Swim: DNF
B. Tennis: DNF
G. Tennis: DNF
B. Track: TBA
G. Track: Kim Lewis
B. VB: DNF
G. VB: Bill Attinger
B. Water Polo: DNF
G. Water Polo: DNF
Wrestling: DNF

VARSITY HEAD COACHES

Badminton: DNF
Baseball: Richard Diaz
B. BB: David Milan
G. BB: Rich Ponchione
B. XC: Mike McElhiney
G. XC: Mike McElhiney
Field Hockey: DNF
Football: Steve Cato
B. Golf: Chris Wardrup
G. Golf: DNF
Gymnastics: DNF
B. Lacrosse: DNF
G. Lacrosse: DNF
Roller Hockey: DNF
B. Soccer: Felipe Ismero
G. Soccer: TBA
Softball: Kim Witte
B. Swim: Chris Fowlkes
G. Swim: Chris Fowlkes
B. Tennis: DNF
G. Tennis: DNF
B. Track: Wolfgang Horner
G. Track: Wolfgang Horner
B. VB: DNF
G. VB: Chris Fowlkes
B. Water Polo: DNF
G. Water Polo: DNF
Wrestling: Tirso Lara

VARSITY HEAD COACHES

Badminton: DNF
Baseball: Ric Malec
B. BB: Craig Peirson
G. BB: Mark Aumann
B. XC: Bill Porter
G. XC: Bill Porter
Field Hockey: DNF
Football: Bob Schully
B. Golf: Scott Munson
G. Golf: Scott Munson
Gymnastics: DNF
B. Lacrosse: DNF
G. Lacrosse: DNF
Roller Hockey: DNF
B. Soccer: Ric Malec
G. Soccer: TBA
Softball: Craig Peirson
B. Swim: DNF
G. Swim: DNF
B. Tennis: DNF
G. Tennis: DNF
B. Track: Bill Porter
G. Track: Bill Porter
B. VB: DNF
G. VB: Kary Johnston
B. Water Polo: DNF
G. Water Polo: DNF
Wrestling: DNF

VARSITY HEAD COACHES

Badminton: Vinh Mai
Baseball: Mike McNally
B. BB: Carl Bronson
G. BB: Scotty Gilbert
B. XC: Bill Aaron
G. XC: Bill Aaron
Field Hockey: DNF
Football: Jon Corbin
B. Golf: TBA
G. Golf: TBA
Gymnastics: DNF
B. Lacrosse: DNF
G. Lacrosse: DNF
Roller Hockey: DNF
B. Soccer: TBA
G. Soccer: Cristina Aguirre
Softball: TBA
B. Swim: TBA
G. Swim: TBA
B. Tennis: Jon Rex
G. Tennis: Michele Hoelscher
B. Track: Matt Deford
G. Track: Matt Deford
B. VB: Chris Sego
G. VB: Khang Mai
B. Water Polo: DNF
G. Water Polo: DNF
Wrestling: Don Samuels

LA COSTA CANYON

web: www.lcchs.com
1 Maverick Way
Carlsbad, CA 92009
Ph: 760-436-6136
Fax: 760-943-3539
North County Conference/Palomar
San Diego U.H.S.D.
Coed/Four Years
Enrollment (9-12) = 2652
Mavericks
Green/Vegas Gold/Navy

Direction: I-5 to La Costa Ave E - R on Rancho Santa Fe Rd - L on Camino de los Coaches - R at 3rd traffic signal to sch.

LA JOLLA

web: lajollahigh.org
750 Nautilus Street
La Jolla, CA 92037
Ph: 858-454-3081
Fax: 858-459-2188
City Conference/Western
San Diego U.S.D.
Coed/Four Years
Enrollment (9-12) = 1689
Vikings
Scarlet/Black

Direction: I-5 N to La Jolla Pkwy (turns into Torrey Pines Rd) - L at Girard - R at Pearl - L at Fay - R at Nautilus. I-5 S to LJ Village Dr. west to Torrey Pines(same)

LA JOLLA COUNTRY DAY

web: www.ljcds.org
9490 Genesee Avenue
La Jolla, CA 92037
Ph: 858-453-3440
Fax: 858-453-8210
AD Fax: 858-453-3099
Coastal Conference/South
Private School
Coed/Four Years
Enrollment (9-12) = 365
Torreys
Royal Blue/Grey/White/Black

Direction: I-805 to La Jolla Village Dr West - R at Genesee Ave.

LINCOLN ACADEMY (SCHOOL BEING RENOVATED - NO STUDENTS)

ADMINISTRATION
Prin: Mel Collins
mcollins5@sandi.net
AP:
AD:
AD Sec:
ASB:
Finance:
Cheer:
Band:

VARSITY HEAD COACHES
Badminton:
Baseball:
B. BB:
G. BB:
B. XC:
G. XC:
Field Hockey:
Football:
B. Golf:
G. Golf:
Gymnastics:
B. Lacrosse:
G. Lacrosse:
Roller Hockey:

B. Soccer: Anthony Bruce
G. Soccer: Juli Veece
Softball: Mike Hill
B. Swim: Bob Hoff
G. Swim: Bob Hoff
B. Tennis: Mark Sandknop
G. Tennis: Marc Sandknop
B. Track: Joe Cohen
G. Track: Joe Cohen
B. VB: Mark Brubaker
G. VB: Ed Machado
B. Water Polo: Dominic Myers
G. Water Polo: TBA
Wrestling: Dwayne Buth

ADMINISTRATION
Prin: Dana Shelburne x 2200
dshelburne@sandi.net
AP: Walter Fairley x 2206
AD: Bob Allen x 2220
rallen@sandi.net
AD Sec: N/A
ASB: Kerry Dill/Joe Caviola x 4304/43
Finance: Shirley Moak x 2202
Cheer: TBA
Band: TBA x 2804

VARSITY HEAD COACHES
Badminton: Maggie Mulkins
Baseball: Gary Frank
B. BB: Kamal Assaf
G. BB: Ty Eveleth
B. XC: Hal Goforth
G. XC: Roger Karnopp
Field Hockey: Sarah Liljedahl
Football: Dave Ponsford
B. Golf: Roger Kifer
G. Golf: Kay Bickley
Gymnastics: DNF
B. Lacrosse: Matt Rosenberg
G. Lacrosse: Dana Capello
Roller Hockey: Ken Satterlee

B. Soccer: Stephen Jeffery
G. Soccer: Kristin Jones
Softball: Summer Ehnsam
B. Swim: Tom Atwell
G. Swim: Tom Atwell
B. Tennis: Mike Brown
G. Tennis: Maggie Mulkins
B. Track: TBA
G. Track: Roger Karnopp
B. VB: David Jones
G. VB: David Jones
B. Water Polo: Tom Atwell
G. Water Polo: Allison Gregory
Wrestling: Juan Sanchez

ADMINISTRATION
Head of School: Dr. Judith Glickman x 111
jglickman@ljcds.org
Dir Upper Sch: Rod Jemison x 128
AD: Jeff Hutzler x 129
jhutzler@ljcds.org
AD Sec: Kathy Dinwiddie x 130
ASB: Peggy Procter x 125
Finance: Lori Lindmark x 123
Cheer: Meredith Brady x 225
Band: N/A

VARSITY HEAD COACHES
Badminton: DNF
Baseball: John Edman
B. BB: Paul Wilson
G. BB: Terri Bamford
B. XC: Kevin Reaume
G. XC: Kevin Reaume
Field Hockey: DNF
Football: Jeff Hutzler
B. Golf: Bill Cahoon
G. Golf: Bill Cahoon
Gymnastics: DNF
B. Lacrosse: TBA
G. Lacrosse: DNF
Roller Hockey: Kyle Brayer

B. Soccer: Jerry Fleischhacker
G. Soccer: David Jenkins
Softball: Corinne Brunn
B. Swim: Nate Heppner
G. Swim: Nate Heppner
B. Tennis: Angela Horacek
G. Tennis: Angela Horacek
B. Track: Kevin Reaume
G. Track: Kevin Reaume
B. VB: DNF
G. VB: Peter Ogle
B. Water Polo: Nate Heppner
G. Water Polo: Nate Heppner
Wrestling: DNF

LUTHERAN HIGH OF SAN DIEGO (NOTE: All games played at other sites.)

web: www.lutheranhighsandiego.org
 2755 55th Street
 San Diego, CA 92105-5043
 Ph: 619-262-4444
 Fax: 619-262-6297
 Southern Conference/ Citrus League West
 Private School
 Coed/Four Years
 Enrollment (9-12) = 102
 Knights
 Black/Gold

Direction: I-805 S to I-8 E Hwy 94 - N
 Euclid Ave - R on 54th St - R on College
 Grove Dr - R on 55th St.

ADMINISTRATION

Prin: Hanne Krause
 hnlhs@hotmail.com
 AP: N/A
 AD: Jamie Howard x 23
 scifan22@hotmail.com
 AD Sec: N/A
 ASB: Anna Beyer x 22
 Finance: Debby Heien x 12
 Cheer: N/A
 Band: N/A

VARSITY HEAD COACHES

Badminton: DNF
 Baseball: Glenn Udvarhelyi
 B. BB: Michael Heidtbrink
 G. BB: Nick Bertaux
 B. XC: Jamie Howard
 G. XC: Jamie Howard
 Field Hockey: DNF
 Football: DNF
 B. Golf: DNF
 G. Golf: DNF
 Gymnastics: DNF
 B. Lacrosse: DNF
 G. Lacrosse: DNF
 Roller Hockey: DNF

B. Soccer: DNF
 G. Soccer: Neil Meyer
 Softball: Neil Meyer
 B. Swim: DNF
 G. Swim: DNF
 B. Tennis: DNF
 G. Tennis: DNF
 B. Track: DNF
 G. Track: DNF
 B. VB: DNF
 G. VB: Casey Kunde
 B. Water Polo: DNF
 G. Water Polo: DNF
 Wrestling: DNF

MADISON

web: www.madison.sandi.net
 4833 Doliva Drive
 San Diego, CA 92117
 Ph: 858-496-8410
 Fax: 858-496-8421
 City Conference/Central
 San Diego U.S.D.
 Coed/Four Years
 Enrollment (9-12) = 1521
 Warhawks
 Navy/Silver/White

Direction: I-805 to Clairemont Mesa Blvd
 West - Left at Doliva Dr.

ADMINISTRATION

Prin: Virginia Eves x 2200
 veves@sandi.net
 Prin Sec: Andrea Lopez x 2200
 alopez3@sandi.net
 AP: Jeff Luna x 2221
 AD: Rick Jackson x 4001
 rjackson2@sandi.net
 AD Sec: N/A
 ASB: Steve Miner x 4408
 Finance: Lucia Pineda x 2213
 Cheer: Angelina Monteverde x 4015
 Band: Shawn Loescher x 4901

VARSITY HEAD COACHES

Badminton: Richard Nash
 Baseball: Robert Lovato
 B. BB: Mike Stutz
 G. BB: Tay Sneddon
 B. XC: Bob Bishop
 G. XC: Bob Bishop
 Field Hockey: Erica Johnson
 Football: Rick Jackson
 B. Golf: Mike Norton
 G. Golf: DNF
 Gymnastics: DNF
 B. Lacrosse: DNF
 G. Lacrosse: DNF
 Roller Hockey: DNF

B. Soccer: Will Hawthorne
 G. Soccer: Lori Franks
 Softball: Steve Miner
 B. Swim: DNF
 G. Swim: DNF
 B. Tennis: Robert Lynch
 G. Tennis: Robert Lynch
 B. Track: Rick Jackson
 G. Track: Rick Jackson
 B. VB: TBA
 G. VB: TBA
 B. Water Polo: DNF
 G. Water Polo: DNF
 Wrestling: John Santone

MAR VISTA

web: suhsd.k12.ca.us/mvh
 505 Elm Avenue
 Imperial Beach, CA 91932
 Ph: 619-628-3074
 Fax: 619-424-6232
 Metro Conference/South Bay
 Sweetwater UHSD
 Coed/Four Years
 Enrollment (9-12) = 2221
 Mariners
 Forest Green/Gold

Direction: I-5 to Coronado Ave go west 2 miles
 to school on right - fields on Conneticut

ADMINISTRATION

Prin: Dr. Louise Phipps
 catero@sdcoe.k12.ca.us
 Prin Sec: Sandra Angeli
 AP: Marieanne Perrault 423-9420
 AD: Pat O'Neill 628-3074
 patrick.oneill@suhsd.k12.ca.us
 AD Sec: Judy Sisson 423-9420
 ASB: Marieanne Perrault 423-9420
 Finance: Ethan Charles
 Cheer: Mary Harrigan 628-3074
 Band: Hugh O'Neill 575-3117

VARSITY HEAD COACHES

Badminton: DNF
 Baseball: Allan Delos Reyes
 B. BB: Jesse Aguirre
 G. BB: Dave Holden
 B. XC: Ben Holt
 G. XC: Jim Coates
 Field Hockey: DNF
 Football: Brian Hay
 B. Golf: TBA
 G. Golf: Patrick O'Neill
 Gymnastics: DNF
 B. Lacrosse: DNF
 G. Lacrosse: DNF
 Roller Hockey: Ron Cole

B. Soccer: TBA
 G. Soccer: Gisela Wolfe
 Softball: Dan Woodard
 B. Swim: Chad Kavanaugh
 G. Swim: Sue Czerwiec
 B. Tennis: Filemon Jara
 G. Tennis: Filemon Jara
 B. Track: Jim Coates
 G. Track: Kara Roberts
 B. VB: Robbie Cole
 G. VB: John Alano
 B. Water Polo: Steve Case
 G. Water Polo: Chad Kavanagh
 Wrestling: TBA

MARANATHA CHRISTIAN

web: www.maranathachristianschools.org
 12855 Black Mountain Road
 San Diego, CA 92129
 Ph: 858-484-0689
 Fax: 858-484-1637
 Free Lance
 Private
 Coed/Four Years
 Enrollment (9-12) =
 Eagles
 Navy Blue/Indiana Blue/White

Direction: I-15 take 56 West. Exit Black
 Mountain and go South. School on Left.

ADMINISTRATION

Prin: Pete Plotnick 484-0689
 pete.plotnick@maranathachristianschools.org
 Prin Sec: Karen Thompson & Cheri Dorsey
 karen.thompson@maranathachristianschools.org
 cheri.dorsey@maranathachristianschools.org
 484-0689 x 10
 AD: Rle Nichols x 30
 rle.nichols@maranathachristianschools.org
 AD Sec: Lori Miller x 31
 lori.miller@maranathachristianschools.org
 ASB: N/A
 Finance: N/A
 Cheer: N/A
 Band: N/A

VARSITY HEAD COACHES

Badminton: DNF
 Baseball: DNF
 B. BB: TBA
 G. BB: TBA
 B. XC: TBA
 G. XC: TBA
 Field Hockey: DNF
 Football: TBA
 B. Golf: DNF
 G. Golf: DNF
 Gymnastics: DNF
 B. Lacrosse: DNF
 G. Lacrosse: DNF
 Roller Hockey: DNF

B. Soccer: DNF
 G. Soccer: DNF
 Softball: DNF
 B. Swim: DNF
 G. Swim: DNF
 B. Tennis: DNF
 G. Tennis: DNF
 B. Track: TBA
 G. Track: TBA
 B. VB: DNF
 G. VB: TBA
 B. Water Polo: DNF
 G. Water Polo: DNF
 Wrestling: DNF

MARIAN CATHOLIC

web: www.mariancahtolic.org
 1002 18th Street
 San Diego, CA 92154
 Ph: 619-423-2121
 Fax: 619-423-9526
 Metro Conference/South Bay
 Diocese of San Diego
 Coed/Four Years
 Enrollment (9-12) = 650
 Crusaders
 Navy Blue/Gold

Direction: I-5 to Coronado Ave West - R
 at 18th St.

ADMINISTRATION

Pres: Tom Beecher
 tbeecher@mariancatholic.org
 Prin: George Milke x 33
 gmlilke@mariancatholic.org
 AP: Matt White 424-2011 or 2012
 B. AD: Matt White 424-2011 or 2012
 mwhite@mariancatholic.org
 G. AD: Karen Quinlan
 kquinlan@mariancatholic.org
 AD Sec: N/A
 ASB: Cres Angeles & Ed Johnson
 Finance: Rocio Hodges x 21
 Cheer: Brenda Grosz
 Band: Troy Peets

VARSITY HEAD COACHES

Badminton: DNF
 Baseball: Ed Johnson
 B. BB: Chris Moeller
 G. BB: David Monroe
 B. XC: Michael LeBold
 G. XC: Michael LeBold
 Field Hockey: DNF
 Football: Matt White
 B. Golf: Bill Gerken
 G. Golf: Bill Gerken
 Gymnastics: DNF
 B. Lacrosse: DNF
 G. Lacrosse: DNF
 Roller Hockey: DNF

B. Soccer: Jorge Zavala
 G. Soccer: Robert Blas
 Softball: Mike Centrullo
 B. Swim: Kevin Smith
 G. Swim: Kevin Smith
 B. Tennis: John Villanueva
 G. Tennis: John Villanueva
 B. Track: Vincent Fox
 G. Track: Vincent Fox
 B. VB: Brian Ritz
 G. VB: Karen Quinlan
 B. Water Polo: Brian Sanchez
 G. Water Polo: DNF
 Wrestling: DNF

MIDWAY BAPTIST

web: www.midwaybaptistschools.com
2460 Palm Avenue
San Diego, CA 92154
Ph: 619-424-7875
Fax: 619-424-5615
Southern Conference/Citrus
Private
Coed/Four Years
Enrollment (9-12) = 114
Patriots
Red/White/Blue

Direction: I-5 to Palm Ave East - Church is on left.

MIRA MESA

web: www.sandi.net/miramesa
10510 Reagan Road
San Diego, CA 92126
Ph: 858-566-2262
Fax: 858-549-9541
City Conference/Eastern
San Diego U.S.D.
Coed/Four Years
Enrollment (9-12) = 2570
Marauders
Blue/Gold

Direction: I-15 to Mira Mesa Blvd West. Left at Reagan Road.

MISSION BAY

web: missionbayhigh.com
2475 Grand Avenue
San Diego, CA 92109
Ph: 858-273-1313
Fax: 858-270-8294
City Conference/Western
San Diego U.S.D.
Coed/Four Years
Enrollment (9-12) = 1691
Buccaneers
Black/Gold

Direction: I-5 to Mission Bay Dr West. Left at Grand Avenue.

MISSION HILLS

web: www.missionhillshigh.org
1 Mission Hills Court
San Marcos, CA 92069
Ph: 760-290-2700
Fax: 760-290-2680
AD Fax: 760-290-2687
North County Conference/Valley
San Marcos U.S.D.
Coed/Four Years
Enrollment (9-12) = 1913
Mascot: Grizzlies
Colors: Cardinal/Vagas Gold

Direction: I-15 N to 78 W exit Woodland Pkwy. Take Mission Road west.

ADMINISTRATION

Prin: Stephen Johnson x 251
sjonson@midwaybaptistschools.com
AP: Christy Rheam
AD: Gene Rheam
grheam@midwaybaptistschools.com
AD Sec: Barbara Johnson
ASB: Christy Rheam
Finance: N/A
Cheer: Lisa Rheam
Band: Lalane Haenisch

VARSITY HEAD COACHES

Badminton: DNF
Baseball: Joe Matosich
B. BB: Chuck Rheam
G. BB: Gene Rheam
B. XC: DNF
G. XC: DNF
Field Hockey: DNF
Football: Gene Rheam
B. Golf: DNF
G. Golf: DNF
Gymnastics: DNF
B. Lacrosse: DNF
G. Lacrosse: DNF
Roller Hockey: DNF
B. Soccer: Sergio Ceniceros
G. Soccer: Debbie Jasperson
Softball: TBA
B. Swim: DNF
G. Swim: DNF
B. Tennis: DNF
G. Tennis: DNF
B. Track: DNF
G. Track: DNF
B. VB: DNF
G. VB: Steve Johnson
B. Water Polo: DNF
G. Water Polo: DNF
Wrestling: DNF

ADMINISTRATION

Prin: Jeff Olivero
jolivero@sandi.net
AP: Mike Bakewell x2205
mbakewell@sandi.net
AD: Marlin Christensen x2204
email: mchristensen@sandi.net
AD Sec: N/A
ASB: Mary Jensen
Finance: Patsy Minezaki x2231
Cheer: Mary Jensen x4202
Band: Jeanne Christensen x 4404

VARSITY HEAD COACHES

Badminton: Frank Bagongahasa
Baseball: Gene Watkins
B. BB: Dan Regas
G. BB: Paul Tessaro
B. XC: Eric Miller
G. XC: Eric Miller
Field Hockey: Janel McCarthy
Football: Gary Blevins
B. Golf: Roy Van Grove
G. Golf: Roy Van Grove
Gymnastics: DNF
B. Lacrosse: DNF
G. Lacrosse: DNF
Roller Hockey: DNF
B. Soccer: Pat Corr
G. Soccer: Janel McCarthy
Softball: Catherine Fox-Copeland
B. Swim: Kim Yourczek
G. Swim: Kim Yourczek
B. Tennis: Greg Dodd
G. Tennis: Greg Dodd
B. Track: Eric Miller
G. Track: Eric Miller
B. VB: Katy Gillis
G. VB: Jennifer Otaola
B. Water Polo: Kim Yourczek
G. Water Polo: Ricco Quintero
Wrestling: Jon Talbott

ADMINISTRATION

Prin: Cheryl Seelos x 100
Email: Unknown
AP: Fred Hilgers x 102
AD: Dennis Pugh x 137
dpugh1@sandi.net
AD Sec: N/A
ASB: Emmitt Dodd x 213
Finance: Fujiko Robinson x 222
Cheer: Kathy Agosto
Band: TBA

VARSITY HEAD COACHES

Badminton: Tuan Du
Baseball: Dennis Pugh
B. BB: Dennis Kane
G. BB: TBA
B. XC: Mike McCarthy
G. XC: Mike McCarthy
Field Hockey: Kris Auer
Football: Willie Matson
B. Golf: Jerry Surdy
G. Golf: DNF
Gymnastics: DNF
B. Lacrosse: DNF
G. Lacrosse: DNF
Roller Hockey: TBA
B. Soccer: Joe Panian
G. Soccer: Jorge Palacios
Softball: Abbey Vaughan
B. Swim: TBA
G. Swim: TBA
B. Tennis: Carl Davis
G. Tennis: Carl Davis
B. Track: Emmitt Dodd
G. Track: Emmitt Dodd
B. VB: TBA
G. VB: Crystal Traverse
B. Water Polo: Dana Tucker
G. Water Polo: Dana Tucker
Wrestling: Nathan Sheehy

ADMINISTRATION

Prin: Brad Lichtman x 2710
brad.lichtman@smusd.org
Prin Sec: Carol Foster x 2711
carol.foster@smusd.org
AP: Bill Singh 290-2724
AD: Ken Putnam 290-2770
ken.putnam@smusd.org
AD Sec: N/A
Athletic Trainer: Scott Gommel
scott.gommel@smusd.org
ASB: Don Resultan 290-2760
Finance: Jolene Clark 290-2713
Cheer: Christina Rodriguez
Band: Jeff McNurlan 290-2729

VARSITY HEAD COACHES

Badminton: DNF
Baseball: Ken Putman
B. BB: Curtis Hofmeister
G. BB: Sara Schooling
B. XC: Shannon Laird
G. XC: Laura Peters
Field Hockey: Kathy Fouts
Football: Chris Hauser
B. Golf: Mike Beckley
G. Golf: Mike Beckley
Gymnastics: DNF
B. Lacrosse: DNF
G. Lacrosse: DNF
Roller Hockey: Jason Coker
B. Soccer: Apolo Rios
G. Soccer: Jeff Montooth
Softball: Alexis Clements
B. Swim: Andy Baker
G. Swim: TBA
B. Tennis: Nat Bandel
G. Tennis: Laura Eyler
B. Track: Kyle Billings
G. Track: Ryan Sharp
B. VB: Cindy Mathews
G. VB: Cindy Mathews
B. Water Polo: TBA
G. Water Polo: DNF
Wrestling: Dave LaVine

MONTE VISTA

web: grossmont.k12.ca.us/Monte Vista
3230 Sweetwater Springs Blvd.
Spring Valley, CA 91977
Ph: 619-660-9902
Fax: 619-670-9749
Grossmont Conference/South
Grossmont U.H.S.D.
Coed/Four Years
Enrollment (9-12) = 1982
Monarchs
Crimson/Gold

Direction: I-94 to Sweetwater Springs
Blvd South or 54 E - R at Jamacha Blvd
Left at Sweetwater Springs Blvd.

MONTGOMERY

web: www.suhsd.k12.ca.us/moh
3250 Palm Avenue
San Diego, CA 92154
Ph: 619-628-3007
Fax: 619-424-6473
Metro Conference/South Bay
Sweetwater U.H.S.D.
Coed/Four Years
Enrollment (9-12) = 2414
Aztecs
Navy Blue/Red/White

Direction: I-805 S to Second Palm Ave.
- W 2 mi. or I-5 S to Palm Ave. - E 1 mile.

MORSE

web: www.morsehs.com
6905 Skyline Drive
San Diego, CA 92114
Ph: 619-262-0763
Fax: 619-262-6835
City Conference/Eastern
San Diego U.S.D.
Coed/Four Years
Enrollment (9-12) = 3069
Tigers
Navy/Old Gold/White

Direction: I-805 to So Bay Fwy East -
L at Woodman - R at Skyline Dr or I-805
to Imperial E-R at Woodman-L at Skyline.

MT. CARMEL

web: www.powayusd.com/pusdmchs/
9550 Carmel Mountain Road
San Diego, CA 92129-2799
Ph: 858-484-1180
Fax: 858-538-9426
AD Fax: 858-538-7764
North County Conference/Palomar
Poway U.S.D.
Coed/Four Years
Enrollment (9-12) = 2202
Sundevils
Scarlet/Gold

Direction: I-15 to Rancho Penasquitos
Blvd West. School is straight ahead on
the right-hand side.

ADMINISTRATION

Prin: Paul Wargo x 111
pwargo@guhsd.net
Prin Sec: Ruth Lincoln x 112
AP: Don Carroll x 125
AD: Zack Peck x 375
zpeck@guhsd.net
AD Sec: Robin McGrew x 123
ASB: Adam Kryzwicki x 242
Finance: Roberta Bosworth x 241
Cheer: Gracia Gregg x 273
Band: Linda Thompsom x 351

ADMINISTRATION

Prin: Sam Montes
samuel.montes@suhsd.k12.ca.us
Prin Sec: Marion Davis
marion.davis@suhsd.k12.ca.us
AP: Dr. Al Melendrez
AD: Fran McClure 628-3002
francine.mcclure@suhsd.k12.ca.us
AD Sec: Elaine Stubbs 423-4940
ASB: Karen Hernandez 423-4940
Finance: Linzola Shackelford
Cheer: Maura Benitez
Band: Jessica Pulido

ADMINISTRATION

Prin: Todd Irving x 2761
tirving@sandi.net
Prin Sec: Sandra Salom x 2702
ssalom@sandi.net
AP: Kathy Balakian x 2702
AD: Gary MacDonald x 4311
gmacdonald@sandi.net
AD Sec: Gloria Valencia x 2813
Athletic Trainer: Phil Grooms
pgrooms1@sandi.net
ASB: Anne Bengtson x 4004
Finance: Luong Truong x 2063
Cheer: Joe Duffy x 3010
Band: N/A

ADMINISTRATION

Prin: Dr. Tom McCoy x3101
tmccoy@pusd.com
AP: Teresa Palzkill x 3103
AD: Dennis McClanahan x 3109
dmccclanahan@powayusd.com
AD Sec: Linda Uribe x 3110
ASB: Sharon Chrisman x 3175
Finance: TBA x 3131
Cheer: Mandy Carr x 3000
Band: Warren Torns x 3519

VARSITY HEAD COACHES

Badminton: DNF
Baseball: Larry Rinehart
B. BB: Kevin Mahady
G. BB: Mike Skibbe
B. XC: Robert Muschek
G. XC: Juan Naranjo
Field Hockey: DNF
Football: Page Culver
B. Golf: Thomas Downs
G. Golf: Thomas Downs
Gymnastics: Mavi Richmond
B. Lacrosse: TBA
G. Lacrosse: Elizabeth Moore
Roller Hockey: DNF

VARSITY HEAD COACHES

Badminton: DNF
Baseball: Manuel Hermosillo
B. BB: George Anderson
G. BB: Lori Morris
B. XC: Juan Gonzalez
G. XC: Ruben Ledesma
Field Hockey: DNF
Football: Julio Alcala
B. Golf: Julio Alcala
G. Golf: Raul Persona
Gymnastics: DNF
B. Lacrosse: Gerald French
G. Lacrosse: DNF
Roller Hockey: DNF

VARSITY HEAD COACHES

Badminton: TBA
Baseball: Cedric Nealy
B. BB: Jeff Harper
G. BB: Deadrick Robinson
B. XC: Gary MacDonald x 4311
G. XC: Gary MacDonald x 4311
Field Hockey: Martha McCarthy
Football: Robert Savage
B. Golf: Jesse Denney x 4309
G. Golf: DNF
Gymnastics: DNF
B. Lacrosse: DNF
G. Lacrosse: DNF
Roller Hockey: DNF

VARSITY HEAD COACHES

Badminton: DNF
Baseball: John Holmes
B. BB: Chris Vitous
G. BB: Robin Blalock
B. XC: Dennis McClanahan
G. XC: Dennis McClanahan
Field Hockey: Analia Carlsson
Football: Darren Spence
B. Golf: Terry Wilson
G. Golf: Jay Van Vark
Gym: Monique Lampshire-Tamay
B. Lacrosse: Marty Wilson
G. Lacrosse: TBA
Roller Hockey: TBA

B. Soccer: Saul Hernandez
G. Soccer: Thompson Usiyan
Softball: Sig Chabrowski
B. Swim: Kent Thilgen
G. Swim: Cindy Hoffman
B. Tennis: Donald Steinbock
G. Tennis: Janna Wagner
B. Track: Rob Gorney
G. Track: Nicole Falante
B. VB: Mike Skibbe
G. VB: Mike Skibbe
B. Water Polo: Sierra Castro
G. Water Polo: Sierra Castro
Wrestling: Steve Bulette

B. Soccer: Juan Gonzalez
G. Soccer: Juan Gonzalez
Softball: Christina Escamilla
B. Swim: Rene Marmolejo
G. Swim: Rene Marmolejo
B. Tennis: Craig Miles
G. Tennis: Craig Miles
B. Track: Hal Herlan
G. Track: Ruben Ledesma
B. VB: Troy Beale
G. VB: Dave Beza
B. Water Polo: DNF
G. Water Polo: René Marmolejo
Wrestling: Jay Coffey

B. Soccer: Jesse Denney x 4309
G. Soccer: Larry Covington
Softball: Martha McCarty
B. Swim: Celeste Bergan
G. Swim: Celeste Bergan
B. Tennis: Clay Johnson
G. Tennis: Clay Johnson
B. Track: Mike Klepper x 2509
G. Track: Gary MacDonald x 4311
B. VB: Delia McQueen x 2956
G. VB: Delia McQueen x 2956
B. Water Polo: Celeste Bergan
G. Water Polo: Celeste Bergan
Wrestling: Mike Barnes x 2955

B. Soccer: Ruben Martinez
G. Soccer: Jim Dutton
Softball: Ruby Chavez
B. Swim: Daniel Peck
G. Swim: Daniel Peck
B. Tennis: Jim Valenzuela
G. Tennis: Jim Valenzuela
B. Track: TBA
G. Track: TBA
B. VB: Patsy Malta
G. VB: Sally Novak
B. Water Polo: John Au
G. Water Polo: TBA
Wrestling: Gail Miller

MOUNT MIGUEL

http://mmhs.guhsd.net/
8585 Blossom Lane
Spring Valley, CA 91977
Ph: 619-644-8400
Fax: 619-697-0794
Grossmont Conference/South
Grossmont U.H.S.D.
Coed/Four Years
Enrollment (9-12) = 2080
Matadors
Red/Black

Direction: Hwy 125 to Jamacha Rd. East
L on Sweetwater Rd. - L on Blossom Ln.

MOUNTAIN EMPIRE

web: www.meusd.net
3305 Buckman Springs Road
Pine Valley, CA 91962
Ph: 619-473-8601
Fax: 619-473-8038
Southern Conference
Mountain Empire U.S.D.
Coed/Four Years
Enrollment (9-12) = 481
Redhawks
Red/Gold/Black

Direction: I-8 E to Buckman Springs Rd.
R on Buckman Spring to school (2 miles
from freeway - on left).

OCEANSIDE

web: www.ohspirates.com
One Pirates Cove
Oceanside, CA 92054
Ph: 760-722-8201
Fax: 760-757-2419
AD Fax: 760-721-6932
North County Conference/Avocado
Oceanside U.S.D.
Coed/Four Years
Enrollment (9-12) = 2398
Pirates
Forest Green/White

Direction: I-5 to Mission Ave West -
Left at Pirates Cove

OLYMPIAN

web: www.suhsd.k12.ca.us/ohs
1925 Magdalena Avenue
Chula Vista, CA 91915
Ph: 619-656-2400
Fax: 619-216-0650
Metro/South Bay
Sweewater U.H.S.D.

Eagles
Black/Vegas Gold/Turquoise

Direction: 805 S, exit Olympic Pkwy, 3 mi
turn R on La Media, L on Birch, R on
Magdalena, go 1 mile to school.

ORANGE GLEN

web: oghs.euhsd.k12.ca.us
2200 Glenridge Road
Escondido, CA 92027
Ph: 760-291-5000
Fax: 760-739-7380
AD Fax: 760-291-5016
North County Conference/Valley
Escondido U.H.S.D.
Coed/Four Years
Enrollment (9-12) = 2349
Patriots - Red/White/Blue

Direction: I-15 to Via Rancho Pkwy E.
L at Bear Valley Pkwy- R at Glen Ridge.

ADMINISTRATION

Prin: Steve Coover x 112
scoover@guhsd.net
Prin Sec: Sylvia Sposato x 112
ssposato@guhsd.net
AP: Unknown
AD: Kathy Worley x 247
kworley@guhsd.com
AD Sec: Susie Panarisi x 132
ASB: Bob Raymond x 250 or 259
Finance: Vickie Waite x 241
Cheer: Sylvia Sposato x 112
Band: Jason Hutton x 351

ADMINISTRATION

Prin: Diane Young x 201
dyoung@meusd.k12.ca.us
Prin Sec: Karen Loftis x 200
kloftis@meusd.net
AP: Steve Gordon x 202
sgordon@meusd.net
AD: Olin Elliott x 301
oelliott@meusd.k12.ca.us
AD Sec: N/A
ASB: Mari Mann x 314
Finance: Carol Rinkes x 209
Cheer: Gerogina Tortora
Band: Jarrod Sills x 317

ADMINISTRATION

Prin: Kimo Marquardt x 2330
kmarquardt@oside.k12.ca.us
Prin Sec: Bertha Bernal x 2331
bbernal@oside.k12.ca.us
AP: Cesar Mora x 2656
AD: Pat Kimbrel x 2344
pat.kimbrel@oside.k12.ca.us
AD Sec: Tonya Flynn x 2339
ASB: Mike Fisher x 2339
Finance: Patty Minjares x 297
Cheer: Teresa Collis x 3025
Band: Mark Phelps x 3079

ADMINISTRATION

Prin: John Devore 656-2405
john.devore@suhsd.k12.ca.us
Prin Sec: Imelda Genovese 656-2405
imelda.genovese@suhsd.k12.ca.us
AP: Karen Hernandez 656-2450
AD: Jorge Mancillas 656-2400
jorge.mancillas@suhsd.k12.ca.us
AD Sec: N/A
ASB: Karen Hernandez
Finance: Elaine Stubbs 656-2450
elaine.stubbs@suhsd.k12.ca.us
Cheer: Tanya Joyner 656-2400
Band: Eric Maybrey 656-2438

ADMINISTRATION

Interim Prin: Robert Clay 291-5002
rclay@euhsd.k12.ca.us
AP: Ron Duke 291-5097
AD: Gail Cavanaugh 291-5030
gcavanaugh@euhsd.k12.ca.us
AD Sec: Sherie Brackpool 291-5015
ASB: Ben Gravenkamp 291-5035
Finance: Sherie Brackpool 291-5015
Cheer: Anna Lounibos x5086
Band: John Johnson x 5085

VARSITY HEAD COACHES

Badminton: DNF
Baseball: Bryon Grigsby
B. BB: Jay Rowlett
G. BB: Robbie Sandoval
B. XC: Mike Smith
G. XC: Sarah Dion
Field Hockey: DNF
Football: Tom Karlo
B. Golf: Lloyd Havird
G. Golf: Louise Parks
Gymnastics: Candice Dowling/D
B. Lacrosse: DNF
G. Lacrosse: DNF
Roller Hockey: DNF

VARSITY HEAD COACHES

Badminton: DNF
Baseball: Jim Jones
B. BB: Mark Noland
G. BB: TBA
B. XC: Bill Leblanc
G. XC: Bill Leblanc
Field Hockey: DNF
Football: Karl Clinger
B. Golf: DNF
G. Golf: DNF
Gymnastics: DNF
B. Lacrosse: DNF
G. Lacrosse: DNF
Roller Hockey: DNF

VARSITY HEAD COACHES

Badminton: DNF
Baseball: Dave Barrett
B. BB: Corey Hogue
G. BB: Cameron Clark
B. XC: Dave Kalt
G. XC: Jesse Guillen
Field Hockey: DNF
Football: John Carroll
B. Golf: Pat Cornforth
G. Golf: Dean Baldrige
Gymnastics: DNF
B. Lacrosse: DNF
G. Lacrosse: DNF
Roller Hockey: DNF

VARSITY HEAD COACHES

Badminton: DNF
Baseball: Eddie Venegas
B. BB: Alex Estrada
G. BB: TBA
B. XC: TBA
G. XC: TBA
Field Hockey: DNF
Football: Gil Warren
B. Golf: TBA
G. Golf: TBA
Gymnastics: DNF
B. Lacrosse: DNF
G. Lacrosse: DNF
Roller Hockey: DNF

VARSITY HEAD COACHES

Badminton: DNF
Baseball: Steve Rohlmeier
B. BB: Dave Castro
G. BB: Jeff Jones
B. XC: Dave Reska
G. XC: Dave Reska
Field Hockey: Stephanie Osowski
Football: Kraig Broach
B. Golf: Victor Garduno
G. Golf: John Merz
Gymnastics: DNF
B. Lacrosse: DNF
G. Lacrosse: DNF
Roller Hockey: DNF

B. Soccer: Rob Lindsay
G. Soccer: Dan Codina
Softball: Kathy Worley
B. Swim: TBA
G. Swim: TBA
B. Tennis: Duke Deleon
G. Tennis: Duke Deleon
B. Track: Willie White
G. Track: Ebony Humphrey
B. VB: Kathleen Murphy
G. VB: Kathleen Murphy
B. Water Polo: Jason Poovey
G. Water Polo: Jason Poovey
Wrestling: Gary Volper

B. Soccer: Danny Nunez
G. Soccer: Jarrod Sills
Softball: Karl Clinger
B. Swim: DNF
G. Swim: DNF
B. Tennis: DNF
G. Tennis: DNF
B. Track: Bill Leblanc
G. Track: Bill Leblanc
B. VB: DNF
G. VB: Holly Stover
B. Water Polo: DNF
G. Water Polo: DNF
Wrestling: Gary Priestler

B. Soccer: Frank Zimmerman
G. Soccer: Gary Wallace
Softball: Jerry Nuanez
B. Swim: Jeff Kamanski
G. Swim: Chandra Prather
B. Tennis: Sid Salcedo
G. Tennis: Sid Salcedo
B. Track: Jesse Guillen
G. Track: Kristi Benson
B. VB: Merieth Faumunia
G. VB: Krista Benson
B. Water Polo: Jeff Kamanski
G. Water Polo: Chandra Prather
Wrestling: Ron Sigler

B. Soccer: Raul Persona
G. Soccer: TBA
Softball: TBA
B. Swim: DNF
G. Swim: DNF
B. Tennis: Lisa Hernandez
G. Tennis: Lisa Hernandez
B. Track: Jorge Mancillas
G. Track: Gil Warren
B. VB: Valerie Separa
G. VB: Valerie Separa
B. Waterpolo: DNF
G. Waterpolo: DNF
Wrestling: Jorge Mancillas

B. Soccer: Joan "John" Domingo
G. Soccer: Amy Armstrong
Softball: Nick Linner
B. Swim: Paul Clark
G. Swim: Paul Clark
B. Tennis: Kevin Brown
G. Tennis: Kevin Brown
B. Track: Rob Thompson
G. Track: Rob Thompson
B. VB: John James Brull
G. VB: JJ Brull
B. Water Polo: Paul Clark
G. Water Polo: Amy Armstrong
Wrestling: Don Barrios

OTAY RANCH

web: www.suhsd.k12.ca.us/hs11
1250 Olympic Parkway
Chula Vista, CA 91913
Ph: 619-591-5000
Fax: 619-591-5010
Metro/South Bay
Sweetwater UHSD
Coed/Four Years
Enrollment (9-12) = 2065
Mustangs
Navy Blue/Columbia Blue/Silver

Direction: I-805 S - exit E on Olympic Parkway (3 miles to school)

PALO VERDE VALLEY

web: N/A
667 North Lovekin
Blythe, CA 92225
Ph: 760-922-7148
Fax: 760-922-8916
Southeastern Conference/Imperial Valley
Palo Verde U.S.D.
Coed/Four Years
Enrollment (9-12) = 874
Yellowjackets
Green/Gold

Direction: I-10 to Lovekin Blvd - North on Lovekin about 3/4 of mile to school.

PATRICK HENRY

web: www.henry.sandi.net
6702 Wandermere Drive
San Diego, CA 92120-3299
Ph: 619-286-7700
Fax: 619-229-0370
City Conference/Eastern
San Diego U.S.D.
Coed/Four Years
Enrollment (9-12) = 2477
Patriots
Green/Gold/White

Direction: I-8 to College Ave North - R at Navajo Rd - R at Park Ridge - R at Wandermere Dr.

POINT LOMA

www2.sandi.net
2335 Chatsworth Blvd.
San Diego, CA 92106
Ph: 619-223-3121
Fax: 619-225-1298
City Conference/Western
San Diego U.S.D.
Coed/Four Years
Enrollment (9-12) = 2028
Pointers
Maroon/Gold

Direction: I-8 to Rosecrans St West - R at Lytton which becomes Chatsworth.

ADMINISTRATION

Prin: Jose Brosz x 5005
jose.brosz@suhsd.k12.ca.us
AP: Steve Lizanaga 591-5003
AD: Gene Alim 591-5122
eugene.alim@suhsd.k12.ca.us.com
AD Sec: Laura Newberry 591-5050
ASB: Branion Wahib 591-5050
Finance: Laura Newberry 541-5050
Cheer: Ms. Leija 581-5000
Band: R. Kellis 591-5000

VARSITY HEAD COACHES

Badminton: DNF
Baseball: Bob McCurdy
B. BB: Howard Suda
G. BB: James Townsend
B. XC: Ian Cummings
G. XC: Ian Cummings
Field Hockey: Katie Degurd
Football: Gene Alim
B. Golf: John Inumerable
G. Golf: Greg Sullivan
Gymnastics: DNF
B. Lacrosse: DNF
G. Lacrosse: Chris Livesay
Roller Hockey: DNF
B. Soccer: Juan Ramirez
G. Soccer: Ron Pietila
Softball: Ron Pietila
B. Swim: Ernie Medina
G. Swim: Ernie Medina
B. Tennis: Brandon Lupian
G. Tennis: Brandon Lupian
B. Track: Ian Cummings
G. Track: Ian Cummings
B. VB: Tony Fajardo
G. VB: Debbie Isaia
B. Water Polo: Ernie Medina
G. Water Polo: Ernie Medina
Wrestling: Mike Morales

ADMINISTRATION

Prin: Mike Gilmore
mgilmore@pvusd-bly.k12.ca.us
AP: Ben Paull x 244
AD: Randy Peterson x 260
rpeter@pvusd-bly.k12.ca.us
AD Sec: Sonhia Johnson x 227
ASB: TBA
Finance: Sonhia Johnson x 227
Cheer: Tiffany Hasler
Band: Jose Hernandez

VARSITY HEAD COACHES

Badminton: DNF
Baseball: Gilbert Guilin
B. BB: Rick Copple
G. BB: Gerald Edwards
B. XC: Tim Jorgenson
G. XC: Tim Jorgenson
Field Hockey: DNF
Football: George Dagnino
B. Golf: Ken Fletcher
G. Golf: Ann Owens
Gymnastics: DNF
B. Lacrosse: DNF
G. Lacrosse: DNF
Roller Hockey: DNF
B. Soccer: Scott Peterson
G. Soccer: Dan Walters
Softball: Daren Dickson
B. Swim: DNF
G. Swim: DNF
B. Tennis: DNF
G. Tennis: DNF
B. Track: Gerald Edwards
G. Track: Gerald Edwards
B. VB: DNF
G. VB: Emily Chule
B. Water Polo: DNF
G. Water Polo: DNF
Wrestling: Ian John

ADMINISTRATION

Prin: Pat Crowder x 2208
pcrowder@sandi.net
Prin Sec: Anetha Johnson x 2208
ajohnson2@sandi.net
AP: Jim Good x 2210
jgood1@sandi.net
AD: Jack Lococo x 4507
jpcpcp@sandi.net
AD Sec: N/A
ASB: Scott Thomason x 4302
Finance: Debbie Southward x 2202
Cheer: Beatriz Bernal x 4204
Band: Matt Kalal x 4602

VARSITY HEAD COACHES

Badminton: Bill Miller
Baseball: Jack Lococo x 4507
B. BB: Jack Morganstearn
G. BB: Meredith Wessels
B. XC: Andrew Myette x 4404
G. XC: Andrew Myette x 4404
Field Hockey: TBA
Football: Mike Williams
B. Golf: Matt Reese x 2220
G. Golf: Charles Pearsall
Gymnastics: DNF
B. Lacrosse: John Supp
G. Lacrosse: TBA
Roller Hockey: DNF
B. Soccer: A.C. Toumi
G. Soccer: Howard Hawver
Softball: Damon Shaffer x 4400
B. Swim: Steven Traverso
G. Swim: Steven Traverso
B. Tennis: Ted Tibbs x 4414
G. Tennis: Darryl Bowlin x 2219
B. Track: Andrew Myette x 4404
G. Track: TBA
B. VB: TBA
G. VB: Felix Chu
B. Water Polo: Steven Traverso
G. Water Polo: TBA
Wrestling: TBA

ADMINISTRATION

Prin: Bobbie Samilson
bsamilso@sandi.net
AP: Kevin Gornly x 1103
AD: Michael Hastings x 1142
mhastings@sandi.net
AD Sec: Sue McCartney x 1103
ASB: Frank Stribling x 1123
Finance: Beverly Navarro x 1112
Cheer: Don Silliphant x 4361
Band: John Dally x 1237

VARSITY HEAD COACHES

Badminton: Frank Stribling
Baseball: Jon Posternack
B. BB: Dave Aros
G. BB: Mary Ann McLuaghlin
B. XC: Rob Barnett
G. XC: Rob Barnett
Field Hockey: Krystal Bucher
Football: Mike Hastings
B. Golf: Rudy Rodeheaver
G. Golf: Christine Brannen
Gymnastics: DNF
B. Lacrosse: DNF
G. Lacrosse: DNF
Roller Hockey: DNF
B. Soccer: Manny Diaz
G. Soccer: Mark Carey
Softball: TBA
B. Swim: Jerry Rich
G. Swim: Jerry Rich
B. Tennis: Duncan Depew
G. Tennis: Duncan Depew
B. Track: Rob Barnett
G. Track: Shannon Collins
B. VB: Matt Osburn
G. VB: Rachel Erthum
B. Water Polo: Jerry Rich
G. Water Polo: Jerry Rich
Wrestling: Frank Stribling

POWAY

web: www.powayusd.sdcoe.k12.ca.us/pusdph
15500 Espola Road
Poway, CA 92064
Ph: 858-748-0245
Fax: 858-486-9158
North County Conference/Palomar
Poway U.S.D.
Coed/Four Years
Enrollment (9-12) = 3231
Titans
Green/White/Gray

Direction: I-15 to Camino del Norte East.
Cont. east on Twi Peaks Rd - L on Espola.

PREUSS SCHOOL UCSD (THE)

web: www.preuss.ucsd.edu
9500 Gilman Drive
La Jolla, CA 92023-0536
Ph: 858-658-7400
Fax: 858-658-0988
Freelance Conference
San Diego U.S.D. Charter
Coed/Four Years
Enrollment (9-12) = 394
Tritons
Royal Blue/Gold

Direction: I-5 to Genessee East - R on
Campus Point Dr - R on Voigt.

RAMONA

web: ramona.k12.ca.us/rhs/
1401 Hanson Lane
Ramona, CA 92065
Ph: 760-787-4000
Fax: 760-787-4058
North County Conference/Valley
Ramona U.S.D.
Coed/Four Years
Enrollment (9-12) = 2003
Bulldogs (The Dawgs)
Royal Blue/White

Direction: I-8 to 67 North to Ramona.
R at 10th St to San Vincente Rd -
R at Hanson Lane.

RANCHO BERNARDO

web: rbhs.org
13010 Paseo Lucido
San Diego, CA 92128
Ph: 858-485-4800
Fax: 858-485-4835
North County Conference/Palomar
Poway U.S.D.
Coed/Four Years
Enrollment (9-12) = 3070
Broncos
Royal Blue/Silver/White

Direction: I-15 to Camino Del Norte
East - Left at Paseo Lucido.

ADMINISTRATION

Prin: Scott Fisher x 5100
sfisher@powayusd.com
Prin Sec: Janet Schaitel x5100
jschaitel@powayusd.com
AP: TBA
AD: Dan Crane x 5112
dcrane@powayusd.com
AD Sec: Arlene Grosely x 5102
Ath Trainer: CJ Hernandez
chernandez@powayusd.com
ASB: Allison Raczka
Finance: Nita Allen x 5107
Cheer: Corky Lindsey
Band: Mike Cook x 5200

ADMINISTRATION

Prin: Dr. Doris Alvarez 658-7404
dalvarez@ucsd.edu
Prin Sec: Margie Eiermann 658-7404
preussoffice@ucsd.edu
AP: Scott Barton 658-7407
AD: Scott Barton 658-7407
sbarton@ucsd.edu
AD Sec: Pearline Khavarian 658-7415
ASB: Ann Artz 658-7400
Finance: Sonia Anaya 658-7411
Cheer: TBA
Band: Darren Thorn 658-7427

ADMINISTRATION

Prin: Steve Petsche x 4004
spetsche@ramona.k12.ca.us
AP: David Lohman 787-4009
AD: Joe Bess 787-4006
jbess@ramona.k12.ca.us
AD Sec: Erin Kent 787-4010
ASB: Sandra Kurland 787-4128
Finance: Connie Claxton 787-4015
Cheer: Mona Snodgrass 787-4015
Band: Daniel James 787-4198

ADMINISTRATION

Prin: Paul Robinson x 4844
probinson@powayusd.com
Prin Sec: Becky Brady x 4846
bbrady@powayusd.com
AP: N/A
AD: Peggy Brose x 4808
pbrose@powayusd.com
AD Sec: Rhonda Ewald x 4508
rewald@powayusd.com
Ath Trainer: Robbie Bowers
ASB: Bill/Robin Christopher x 4543
Finance: Kasa Mele x 4825
Cheer: Cindy Long x 4530
Band: Tom Cole x 4578

VARSITY HEAD COACHES

Badminton: DNF
Baseball: Bob Parry
B. BB: Aaron Little
G. BB: Jay Trousdale
B. XC: Dan Schaitel
G. XC: Dan Schaitel
Field Hockey: Michelle Moore-Yearwood
Football: Damian Gonzalez
B. Golf: Bob Champion
G. Golf: Karen Brannon
Gymnastics: David Moser
B. Lacrosse: Paul Sanit
G. Lacrosse: Kate Robinson
Roller Hockey: Dale Ingram
B. Soccer: Gene Morris
G. Soccer: Jenn Lalor
Softball: Jim Bennet
B. Swim: Mike Moody
G. Swim: Mike Moody
B. Tennis: Andy Surber
G. Tennis: Evi Yarnell-Valles x 5487
B. Track: Dan Schaitel
G. Track: Dan Schaitel
B. VB: Charlie Jackson
G. VB: Lisa Reis
B. Water Polo: Dan Crane
G. Water Polo: TBA
Wrestling: Wayne Branstetter

VARSITY HEAD COACHES

Badminton: DNF
Baseball: DNF
B. BB: Pete Selleck
G. BB: TJ Carr
B. XC: Vincent Fulchiron
G. XC: Vincent Fulchiron
Field Hockey: DNF
Football: DNF
B. Golf: DNF
G. Golf: DNF
Gymnastics: DNF
B. Lacrosse: Eric Brazelton
G. Lacrosse: Lisa Hawk
Roller Hockey: DNF
B. Soccer: Vincent Fulchiron
G. Soccer: Danielle Agliam
Softball: DNF
B. Swim: DNF
G. Swim: DNF
B. Tennis: DNF
G. Tennis: DNF
B. Track: DNF
G. Track: DNF
B. VB: DNF
G. VB: Danielle Agliam
B. Water Polo: DNF
G. Water Polo: DNF
Wrestling: DNF

VARSITY HEAD COACHES

Badminton: DNF
Baseball: Dean Welch 787-4101
B. BB: Ken Scheib
G. BB: Daniel Marshall
B. XC: Ola Knutson
G. XC: Ola Knutson
Field Hockey: DNF
Football: Damon Baldwin
B. Golf: Rick Hardiman
G. Golf: Ed Schwartz
Gymnastics: DNF
B. Lacrosse: DNF
G. Lacrosse: DNF
Roller Hockey: DNF
B. Soccer: Rob Blasé
G. Soccer: Michael Jordan II
Softball: Eben Longfellow
B. Swim: Steve Tucker
G. Swim: Stacey Dusseault
B. Tennis: Douglas Failla
G. Tennis: Douglas Failla
B. Track: Bob Verhoest
G. Track: Bob Verhoest
B. VB: Kyle Truesdale
G. VB: Connie Halfaker
B. Water Polo: Craig Higginson
G. Water Polo: Johnny Williams
Wrestling: Steve Koch

VARSITY HEAD COACHES

Badminton: DNF
Baseball: Sam Blalock
B. BB: Kevin Keller
G. BB: Amy Peck
B. XC: Terry Dockery
G. XC: Terry Dockery
Field Hockey: Kate Rudkin
Football: Ron Hamamoto
B. Golf: Mark Tuttle
G. Golf: Tim Steigerwald
Gymnastics: TBA
B. Lacrosse: Bruce Seitz
G. Lacrosse: Jenny Seitz
Roller Hockey: Scott McKay
B. Soccer: Kurt Trecker
G. Soccer: Raffaele Ruotolo
Softball: Tracy Stowe
B. Swim: Tim Oelgoetz
G. Swim: Tim Oelgoetz
B. Tennis: Mike Parrinello
G. Tennis: Mike Parrinello
B. Track: Don Jones
G. Track: Don Jones
B. VB: Rachael Grant-Dixon
G. VB: TBA
B. Water Polo: Mike Harvey
G. Water Polo: Jamie Stuart
Wrestling: Joe Eddie Terribilini

RANCHO BUENA VISTA

web: rbvhs.vusd.k12.ca.us
1601 Longhorn Drive
Vista, CA 92081
Ph: 760-727-7284
Fax: 760-643-2559
North County Conference/Avacado
Vista U.S.D.
Coed/Four Years
Enrollment (9-12) = 3135
Longhorns
Maroon/Silver/White

Direction: I-5 to 78 East - South on
Melrose to Longhorn Drive.

ADMINISTRATION

Prin: JoAnne Jones, Interim Principal
Email: N/A
Prin Sec: Lee Welch x 3201
lwelch@vusd.k12.ca.us
AP: Steve Hargrave x 3211
AD: Dave Whiddon x 3308
dwhiddon@vusd.k12.ca.us
AD Sec: N/A
Ath Trainer: Brian Smith
bsmith@vusd.k12.ca.us
ASB: Kelly McKinney x 3312
Finance: Debbie Voss x 3925
Cheer: Aaron Villa x 3116
Band: Eric Weirather/Mark Wadleigh

VARSITY HEAD COACHES

Badminton: DNF
Baseball: Leo Fletes
B. BB: Terry Miller
G. BB: Pete LaFrance
B. XC: Tom Lux
G. XC: Tom Lux
Field Hockey: Kaci Bronson
Football: Tom Haman
B. Golf: Terry Miller/Tim Leary
G. Golf: Kathy George
Gymnastics: DNF
B. Lacrosse: DNF
G. Lacrosse: DNF
Roller Hockey: DNF
B. Soccer: Bobby Cross
G. Soccer: Tim Leary
Softball: TBA
B. Swim: Adam Crosswaite
G. Swim: Kevin Sexton
B. Tennis: Mark Bauer
G. Tennis: Mark Bauer
B. Track: Tom Lux
G. Track: Larry Hall
B. VB: DNF
G. VB: Le Anne DeBora
B. Water Polo: Adam Crosswaite
G. Water Polo: Kevin Sexton
Wrestling: Marty Nellis

RIVER VALLEY CHARTER SCHOOL

web: www.rivervalleyhigh.org
9707 1/2 Marilla Drive
Lakeside, CA 92040
Ph: 619-390-2579
Fax: 619-390-2581
Freelance
Lakeside U.S.D.
Coed/Four Years
Enrollment (9-12) = 120
Snow Leopards
Blue/White

Direction: Hwy 67 East to Riverford Rd.
R to light - L on Woodside Ave - R on
Marilla Dr.

ADMINISTRATION

Prin: William Wellhouse x 110
bill.wellhouse@rivervalleyhigh.org
AP: N/A
B AD: Matt Dennick
matt_d98@yahoo.com
G AD: Steve Lincoln 594-7017
sllincoln@mail.sdsu.edu
AD Sec: N/A
ASB: Brian Wickersham 390-2579
Finance: N/A
Cheer: N/A
Band: N/A

VARSITY HEAD COACHES

Badminton: DNF
Baseball: DNF
B. BB: DNF
G. BB: DNF
B. XC: DNF
G. XC: DNF
Field Hockey: DNF
Football: DNF
B. Golf: DNF
G. Golf: DNF
Gymnastics: DNF
B. Lacrosse: DNF
G. Lacrosse: DNF
Roller Hockey: DNF
B. Soccer: Matt Denick
G. Soccer: Steve Lincoln
Softball: Monte Smith
B. Swim: DNF
G. Swim: DNF
B. Tennis: DNF
G. Tennis: DNF
B. Track: DNF
G. Track: DNF
B. VB: DNF
G. VB: DNF
B. Water Polo: DNF
G. Water Polo: DNF
Wrestling: DNF

SAINT AUGUSTINE

web: sahs.org
3266 Nutmeg Street
San Diego, CA 92104
Ph: 619-282-2184
Fax: 619-282-1203
City Conference/Western
Catholic Independent
All Men/Four Years
Enrollment (9-12) = 1418
Saints
Purple/Gold

Direction: I-805 to University Ave - L
at 32nd St - L at Nutmeg.

ADMINISTRATION

Prin: James Horne x 15
email: jhorne@sahs.org
Prin Sec: Karene Evenson x 15
kseven@sahs.org
AP: Mike Stephenson x 38
AD: Mike Stephenson x 38
email: msteph@sahs.org
AD Sec: Sarah Lang x 36 slang@sahs.org
ASB: Matt Linville 283-0753
Finance: Kimm Kay x 22 kkay@sahs.org
Cheer: Mark Rauch 297-2266
Band: Brandon Jagow x 28

VARSITY HEAD COACHES

Badminton: DNF
Baseball: Mike Stephenson
B. BB: Mike Haupt
G. BB: DNF
B. XC: Jerry Downey
G. XC: DNF
Field Hockey: DNF
Football: Jerry Ralph
B. Golf: Greg Ranney
G. Golf: DNF
Gymnastics: DNF
B. Lacrosse: DNF
G. Lacrosse: DNF
Roller Hockey: Christian Da Luz
Wrestling: Frank Unpingco
B. Soccer: Brandon Johnston
G. Soccer: DNF
Softball: DNF
B. Swim: Kevin Manley
G. Swim: DNF
B. Tennis: Tom Isaak
G. Tennis: DNF
B. Track: Jerry Downey
G. Track: DNF
B. VB: Rachel Errthum
G. VB: DNF
B. Water Polo: DNF
G. Water Polo: DNF

SAN DIEGO HIGH EDUCATIONAL COMPLEX

web: www.sdhs.sandi.net
1405 Park Blvd.
San Diego, CA 92101-4799
Ph: 619-525-7455
Fax: 619-525-7259
City Conference/Eastern
San Diego U.S.D.
Coed/Four Years
Enrollment (9-12) = 2861
Cavers
Royal Blue/White

Direction: I-5 South to 10th Ave. exit.
L at A Street - L at Park Blvd.

ADMINISTRATION

Prin: Scott Giusti x 2123
sgiusti@sandi.net
Prin Sec: Sara Leonard x 2122
sleonard@sandi.net
AP: Rigoberto Estrada x 2134
AD: Ty Guzik x 2251
tguzik@sandi.net
AD Sec: N/A
ASB: Francisca Del Carmen x 3007
Finance: Yvonne Mao x 2109
Cheer: Sara Watts x 4006
Band: Deanna Hastings x 4408

VARSITY HEAD COACHES

Badminton: Deron Amber
Baseball: TBA
B. BB: Kenny Roy
G. BB: Marion Wells
B. XC: Ed Ramos
G. XC: Ed Ramos
Field Hockey: DNF
Football: Glen Goings
B. Golf: Jeremy Martin
G. Golf: Jeremy Martin
Gymnastics: DNF
B. Lacrosse: DNF
G. Lacrosse: DNF
Roller Hockey: DNF
B. Soccer: TBA
G. Soccer: TBA
Softball: TBA
B. Swim: Fernando Gonzales
G. Swim: Fernando Gonzales/ Kara Potter
B. Tennis: Jon Karanopoulos
G. Tennis: Jon Karanopoulos
B. Track: Robert Dean
G. Track: Robert Dean
B. VB: Irene Mello
G. VB: Irene Mello
B. Water Polo: DNF
G. Water Polo: DNF
Wrestling: Carl Marquez

SAN DIEGO ACADEMY

web: sdacademy.com
2800 East 4th Street
National City, CA 91950
Ph: 619-267-9550
Fax: 619-267-8662
Southern Conference/Citrus
Private School
Coed/Four Years
Enrollment (9-12) = 92
Cavaliers
Royal Blue/White

Direction: I-805 to Palm Ave - R to 4th - turn left OR I-805 N to Plaza Blvd - R to Euclid Ave - L to 4th and turn right.

SAN DIEGO JEWISH ACADEMY

web: sdja.com
11860 Carmel Creek Road
San Diego, CA 92130
Ph: 858-704-3790
Fax: 858-704-3771
Freelance
Private School
Coed/Four Years
Enrollment (9-12) = 147
Lions
Blue/Gold

Direction: I-5 to Hwy 56 West - Exit Carmel Creek Rd - R 1/4 mile to school.

SAN DIEGUITO ACADEMY

web: sdacademy.net
800 Santa Fe Drive
Encinitas, CA 92024
Ph: 760-753-1121
Fax: 760-753-8142
Coastal Conference/North
San Dieguito U.H.S.D.
Coed/Four Years
Enrollment (9-12) = 1514
Mustangs
Blue/White

Direction: I-5 to Santa Fe Drive East - Drive east 2 blocks to school on left.

SAN MARCOS

web: sanmarcoshighschool.org
1615 San Marcos Blvd.
San Marcos, CA 92069
Ph: 760-290-2200
Fax: 760-736-8275
North County Conference/Valley
San Marcos U.S.D.
Coed/Four Years
Enrollment (9-12) = 1662
Fighting Knights
Navy/Silver/Blue

Direction: I-15 to 78 West to San Marcos Blvd West to Knights Realm Left

ADMINISTRATION

Prin: Wayne Longhofer x 162
headprincipal@sdacademy.com
Prin Sec: Mary Mendoza
AP: Mike Burks x 161
AD: Mike Burks x 161
principal@sdacademy.com
AD Sec: N/A
ASB: N/A
Finance: Judy Anderson
Cheer: N/A
Band: Harold Alvarez

VARSITY HEAD COACHES

Badminton: DNF
Baseball: DNF
B. BB: TBA
G. BB: Mike Burks
B. XC: DNF
G. XC: DNF
Field Hockey: DNF
Football: DNF
B. Golf: DNF
G. Golf: DNF
Gymnastics: DNF
B. Lacrosse: DNF
G. Lacrosse: DNF
Roller Hockey: DNF
B. Soccer: DNF
G. Soccer: DNF
Softball: DNF
B. Swim: DNF
G. Swim: DNF
B. Tennis: DNF
G. Tennis: DNF
B. Track: DNF
G. Track: DNF
B. VB: DNF
G. VB: Chip Gifford
B. Water Polo: DNF
G. Water Polo: DNF
Wrestling: DNF

ADMINISTRATION

Prin: Jeff Davis x 3777
Jdavis@sdja.com
Dean: Robo Feldman 704-3732
AD: Charlie Wund x 3732
cwund@sdja.com
AD Sec: Mike Quigley x 3732
mquigley@sdja.com
ASB: Aviva Saad 704-3806
Finance: Monica Hoffman 704-3845
Cheer: N/A
Band: N/A

VARSITY HEAD COACHES

Badminton: DNF
Baseball: Charlie Wund
B. BB: Steve Shoemaker
G. BB: Alex Caceras
B. XC: Scott Bucky
G. XC: Scott Bucky
Field Hockey: DNF
Football: Charlie Wund
B. Golf: Doug Kipperman
G. Golf: Doug Kipperman
Gymnastics: DNF
B. Lacrosse: DNF
W. Lacrosse: DNF
Roller Hockey: David Hacker
B. Soccer: Brian Kissel
G. Soccer: Jill Weinberg
Softball: TBA
B. Swim: DNF
W. Swim: DNF
B. Tennis: DNF
G. Tennis: Scott Bucky
B. Track: DNF
G. Track: DNF
B. VB: Summer Vicknair
G. VB: Summer Vicknair
B. Water Polo: DNF
G. Water Polo: DNF
Wrestling: DNF

ADMINISTRATION

Prin: Barbara Gauthier x 5001
barbara.gauthier@sduhsd.net
AD: James Hrzina x 5054
james.hrzina@sduhsd.net
AD Sec: Megan Thompson x 5167
ASB: Rod Keillor x 5155
Finance: Jolene Andrade x 5028
Cheer: DNF
Band: Jeremy Wuertz x 5293

VARSITY HEAD COACHES

Badminton: DNF
Baseball: TBA
B. BB: Ethan Segovia
G. BB: Jim Segovia
B. XC: Gordy Haskett
G. XC: Gordy Haskett
Field Hockey: Carolyn Tucker
Football: DNF
B. Golf: Doug Timmons
W. Golf: Doug Timmons
Gymnastics: DNF
B. Lacrosse: Eric Gobiels
G. Lacrosse: Liza Znachko
Roller Hockey: DNF
B. Soccer: TBA
G. Soccer: Kathryn Friedrichs
Softball: Sam Corrao
B. Swim: DNF
G. Swim: DNF
B. Tennis: Joe Tomasi
G. Tennis: Joe Tomasi
B. Track: TBA
G. Track: Gordy Hasket
B. VB: Dexter Harvey
G. VB: Dexter Harvey
B. Water Polo: DNF
G. Water Polo: DNF
Wrestling: Tom Hernandez

ADMINISTRATION

Prin: Julie Mottershaw x 2213
jmottershaw@smusd.org
AP: Matt Steitz x 2333
AD: Rick Ashby x 2318
rashby@smusd.org
AD Sec: N/A
Ath Trainer: Paul Savage
paul.savage@smusd.org
ASB: Barry Zeait x 2235
Finance: Rosanna Alvarez x 2224
Cheer: Bonnie Bagheri x 2200
Band: Matt Armstrong x 2236

VARSITY HEAD COACHES

Badminton: DNF
Baseball: Jeff Dufek
B. BB: Dante Carey
G. BB: Roger DiCarlo
B. XC: TBA
G. XC: TBA
Field Hockey: Jonathan St. John
Football: Desi Herrera
B. Golf: John Morello
G. Golf: John Morello
Gymnastics: DNF
B. Lacrosse: Mike Mathai
G. Lacrosse: DNF
Roller Hockey: DNF
B. Soccer: Jose Pallares
G. Soccer: Hillarie Coleman
Softball: Molly Turner
B. Swim: Chris Baker
G. Swim: Chris Baker
B. Tennis: Bruce Storrs
G. Tennis: Paul Hartman
B. Track: TBA
G. Track: TBA
B. VB: Tom Coleman
G. VB: Michell Rendon
B. Water Polo: TBA
G. Water Polo: DNF
Wrestling: TBA

SAN PASQUAL

web: sphs@euhsd.k12.ca.us
3300 Bear Valley Parkway
Escondido, CA 92025
Ph: 760-291-6000
Fax: 760-480-3112
North County Conference/Valley
Escondido U.H.S.D.
Coed/Four Years
Enrollment (9-12) = 2282
Golden Eagles
Blue/Gold

Direction: I-15 to Via Rancho Parkway
East - East on Bear Valley Parkway.

SAN PASQUAL ACADEMY

web: sanpasqualacademy.org
17701 San Pasqual Valley Road
Escondido, CA 92025
Ph: 760-233-6003
Fax: 760-233-6018
Southern Conference
San Diego County Office of Education
Coed/Four Years
Enrollment (9-12) = 108
Dragons
Silver/Black/Royal Blue

Direction: I-15 to Via Rancho Pkwy E.
Right Old Milky Way Rd - merge into
San Pasqual Valley Rd.

SAN YSIDRO

web: www.suhsd.k12.ca.us/syh
5353 Airway Road
San Diego, CA 92154
Ph: 619-710-2300
Fax: 619-710-2318
Metro Conference/South Bay
Sweetwater U.H.S.D.
Coed/Four Years
Enrollment (9-12) = 1793
Cougars
Sky Blue/Gold

Direction: I-805 S to 905 E. R - Caliente
Ave. Turn R - AirwayRd.

SANTA FE CHRISTIAN

web: www.sfcs.net
838 Academy Drive
Solana Beach, CA 92075
Ph: 858-755-8900
Fax: 858-350-9149
Coastal Conference/North
Private School
Coed/Four Years
Enrollment (9-12) = 348
Eagles
Red/Gold

Direction: I-5 to Loma Santa Fe Dr - W
to Stevens Ave. L on Stevens - L on
Academy Dr to top of hill - school on L.

ADMINISTRATION

Prin: Martin Griffin x 6001
mgriffin@euhsd.k12.ca.us
Prin Sec: Ruth Moss x 6001
rmoss@euhsd.k12.ca.us
AP: Art Warren x 6025
AD: Merideth Marcus x 6030
mmarcus@euhsd.k12.ca.us
AD Sec: Kim Lane x 6015
Ath Trainer: Chad Pedersen
cpedersen@euhsd.k12.ca.us
ASB: Tracey Greer x 6090
Finance: Kim Lane x 6015
Cheer: Debby Clerk 749-0217
Band: Brian Lund x 6000

ADMINISTRATION

Prin: Tom Allison 233-6004
tallison@sdcoe.net
Prin Sec: Candie Meyers 233-6001
cmeyers@sdcoe.net
AP: N/A
AD: Bob Manning 504-0386
bmanning@sdcoe.net
coachmanning@hotmail.com
AD Sec: N/A
ASB: Michael Fenick
Finance: N/A
Cheer: TBA
Band: N/A

ADMINISTRATION

Prin: Hector Espinoza x 2304
hector.espinoza@suhsd.k12.ca.us
AP: Ed Bajet 710-2350
ebajet@suhsd.k12.ca.us
AD: Gary Pugh 710-2344
gary.pugh@suhsd.k12.ca.us
AD Sec: N/A
ASB: Lora Bumotay 710-2365
Finance: Magdalena Gracia 710-2350
Cheer: Alejandra Luna 710-2300
Band: Tony Sacco 710-2300

ADMINISTRATION

Prin: Steve Carlton x 1023
scarlton@sfcs.net
Prin Sec: Glenda Lyons x 1022
AD: Ross Roucher x 1029
boucher@sfcs.net
AD Sec: Linda Armento x 1038
Ath Trainer: Kristal Peterson
kpeterson@sfcs.net
ASB: Judy Zazvrskey x 1034
Finance: Billie Holt x 1006
Cheer: Christina Canning
Band: David Hall x 1032

VARSITY HEAD COACHES

Badminton: DNF
Baseball: Tony Colantono
B. BB: Orlando Monell
G. BB: John Houchin
B. XC: Patrick King
G. XC: Patrick King
Field Hockey: TBA
Football: Mike Dolan
B. Golf: Tony Corley
G. Golf: Jenny Cole
Gymnastics: DNF
B. Lacrosse: DNF
G. Lacrosse: DNF
Roller Hockey: DNF

VARSITY HEAD COACHES

Badminton: DNF
Baseball: DNF
B. BB: Bryan Moore
G. BB: Bob Manning
B. XC: DNF
G. XC: DNF
Field Hockey: DNF
Football: Bob Manning
B. Golf: DNF
G. Golf: DNF
Gymnastics: DNF
B. Lacrosse: DNF
G. Lacrosse: DNF
Roller Hockey: TBA

VARSITY HEAD COACHES

Badminton: DNF
Baseball: Ken Canche
B. BB: David Maxwell
G. BB: Manuel Boerner
B. XC: Louis Russo
G. XC: Maricruz Lopez
Field Hockey: DNF
Football: Gary Pugh
B. Golf: Ken Canche
G. Golf: Randy Hart
Gymnastics: DNF
B. Lacrosse: DNF
G. Lacrosse: DNF
Roller Hockey: DNF

VARSITY HEAD COACHES

Badminton: DNF
Baseball: Rick Aguilera
B. BB: Chad Bickley
G. BB: Paul Clark
B. XC: Jill Gregson
G. XC: Jill Gregson
Field Hockey: DNF
Football: Brian Sipe
B. Golf: Nick Ruscetta
G. Golf: DNF
Gymnastics: DNF
B. Lacrosse: Clark Gilbert
G. Lacrosse: DNF
Roller Hockey: DNF

B. Soccer: TBA
G. Soccer: Lisa Brown
Softball: TBA
B. Swim: Ed Talbott
G. Swim: Ed Talbott
B. Tennis: Ron Peet x 6215
G. Tennis: Ron Peet x 6215
B. Track: Patrick King
G. Track: Patrick King
B. VB: Matt Wilkinson
G. VB: Steve Antony
B. Water Polo: Ed Talbott
G. Water Polo: Ed Talbott
Wrestling: Ron Rogers

B. Soccer: TBA
G. Soccer: TBA
Softball: Wally Zittle
B. Swim: DNF
G. Swim: DNF
B. Tennis: DNF
G. Tennis: DNF
B. Track: DNF
G. Track: DNF
B. VB: Melissa Delano
G. VB: Melissa Delano
B. Water Polo: DNF
G. Water Polo: DNF
Wrestling: DNF

B. Soccer: Rafael Palacios
G. Soccer: Bill Medina
Softball: Sharon Sergurson
B. Swim: DNF
G. Swim: DNF
B. Tennis: DNF
G. Tennis: DNF
B. Track: Louis Russo
G. Track: Mima Hernandez
B. VB: Erika Taylor
G. VB: Erika Taylor
B. Water Polo: DNF
G. Water Polo: DNF
Wrestling: Ulisses Hernandez

B. Soccer: Shawn Beyer
G. Soccer: Scott Travosos
Softball: Darrell Enderlin
B. Swim: Shaun Kennard
G. Swim: Shaun Kennard
B. Tennis: TBA
G. Tennis: Joanne Marks
B. Track: Jill Gregson
G. Track: Jill Gregson
B. VB: TBA
G. VB: Gail Malone
B. Water Polo: Shaun Kennard
G. Water Polo: Shaun Kennard
Wrestling: Dave Schenk

SANTANA

web: www.guhsd.net/santana
9915 Magnolia Avenue
Santee, CA 92071
Ph: 619-956-0200
Fax: 619-449-3119
Grossmont Conference/North
Grossmont U.H.S.D.
Coed/Four Years
Enrollment (9-12) = 1779
Sultans
Purple/Gold

Direction: Hwy 67 N to Prospect L. R
on Magnolia OR Hwy 52 E to Mast Blvd -
L on Mast to Magnolia (school on corner).

SCRIPPS RANCH

web: srhs.sandi.net
10410 Treena Street
San Diego, CA 92131
Ph: 858-621-9020
Fax: 858-621-0646
City Conference/Western
San Diego U.S.D.
Coed/Four Years
Enrollment (9-12) = 2351
Falcons
Cardinal Red/White/Navy Blue

Direction: I-15 to Mira Mesa Blvd - E -
R on Scripps Ranch Blvd - R on Scripps
Lake Dr - L on Treena St.

SERRA

web: serra.sandi.net
5156 Santo Road
San Diego, CA 92124
Ph: 858-496-8342
Fax: 858-571-3457
City Conference/Eastern
San Diego U.S.D.
Coed/Four Years
Enrollment (912) = 2001
Conquistadors
Gold/Brown

Direction: I-15 to Tierrasanta Blvd -
Left on Santo Road.

SIERRA MADRE

web: www.sierramadreadecademy.com
1605 West Mission Road
San Marcos, CA 92069
Ph: 760-744-8505
Fax: 760-744-8892

Crusaders
Red/Black

Direction: Hwy 78 exit Rancho Santa Fe-
head South. R on Mission Road, head one
block east

SOUTH BAY CHRISTIAN

web: N/A
395 "D" Street
Chula Vista, CA 91910
Ph: 619-585-0600 x30
Fax: 619-585-0319
Free Lance
Private School
Coed/Four Years
Enrollment (9-12) = 9
Eagles
Red/White/Blue

Direction: I-805 to Hwy 54 W to
Highland - S to corner of 4th & D Streets.

ADMINISTRATION

Prin: Jerry Schniepp 956-0211
jschniepp@guhsd.net
Prin Sec: Sherry Bingham 956-0212
saase@guhsd.net
AP: Larry Oedewaldt 956-0221
B. AD: Wade Vickery & Mary Daniels
956-0381/956-0369
wvickery@guhsd.net/mdaniels@guhsd.net
AD Sec: Sandy King 956-0225
ASB: Melissa Hassell
Finance: Sharlyn Adams-Martinez 956-0225
Cheer: Sharlyn Adams-Martinez 956-0225
Band: TBA

VARSIITY HEAD COACHES

Badminton: DNF
Baseball: Jerry Henson
B. BB: Tim Barry
G. BB: Wade Vickery
B. XC: Clayton Stone
G. XC: Dale Sheehan
Field Hockey: Danny Martinez
Football: Dave Gross
B. Golf: Frank Muramoto
G. Golf: Frank Muramoto
Gymnastics: Stephanie Thomps
B. Lacrosse: Justin Aefsky
G. Lacrosse: Megan Lilien
Roller Hockey: DNF
B. Soccer: Danny Martinez
G. Soccer: Kevin French
Softball: Mike Bass
B. Swim: Eileen Bagg-Rizzo
G. Swim: April Tipton
B. Tennis: Andrea Pino-Vlassis
G. Tennis: Andrea Pino-Vlassis
B. Track: Bob Seiner
G. Track: Bob Seiner
B. VB: Sandi King
G. VB: Michele Hilemon
B. Water Polo: Rod Bowen
G. Water Polo: Stephanie Lombardo
Wrestling: TBA

ADMINISTRATION

Prin: Donna Campbell x 1101
dcampbell@sandi.net
Prin Sec: Louise Merrithew x 1003
lmerrithew@sandi.net
AP: Derrick Morris x 1107
AD: John King x 1116
jking2@sandi.net
AD Sec: Donna Sawvelle x 1111
Ath Trainer: Whitney
jking2@sandi.net
ASB: Jen O'Connor x 4501
Finance: Vicki Davis x 1121
Cheer: Maren Sweeney x 4701
Band: Rusty Shedd x 4120

VARSIITY HEAD COACHES

Badminton: Tom Crane
Baseball: Ralph Stewart
B. BB: John King
G. BB: Nancy Moyer
B. XC: Bob Oliver
G. XC: Bob Oliver
Field Hockey: Jane Morrill
Football: Sergio Diaz
B. Golf: Bob Oliver
G. Golf: Christy Serritela
Gymnastics: DNF
B. Lacrosse: Andrew Day
G. Lacrosse: Jane Petro
Roller Hockey: TBA
B. Soccer: Hans Witzel
G. Soccer: Larry Pernicano
Softball: Mary Jo Griswold
B. Swim: James Tiffany
G. Swim: James Tiffany
B. Tennis: Tom Ihlbrock
G. Tennis: Tom Ihlbrock
B. Track: Richard Murray
G. Track: Richard Murray
B. VB: Ronni Olsen
G. VB: Ronni Olsen
B. Water Polo: James Tiffany
G. Water Polo: James Tiffany
Wrestling: Matthew Becker

ADMINISTRATION

Prin: Donna Somerville x 201
dsomervi@sandi.net
AP: Kurt Madden
AD: Jonn Pisapia x 253
Email: jpisapia@sandi.net
Admin Asst: B ridgette Brunetto
ASB: Joe Schidt
Finance: Chi Seo x 234
Cheer: Erin Davidson
Band: Steve Rea

VARSIITY HEAD COACHES

Badminton: Linh Le
Baseball: Brian Basteysn
B. BB: Jonn Pisapia
G. BB: Ernie Biagioni
B. XC: Jim Richards
G. XC: Jim Richards
Field Hockey: Laurie Berger
Football: Brian Basteysn
B. Golf: Jarod Byerly
G. Golf: Jarod Byerly
Gymnastics: DNF
B. Lacrosse: Brandon Parker
G. Lacrosse: Laurie Berger
Roller Hockey: DNF
B. Soccer: Steve Clark
G. Soccer: Elizabeth Ward
Softball: Chris Herrin
B. Swim: TBA
G. Swim: TBA
B. Tennis: TBA
G. Tennis: Lorene Dabney
B. Track: Jonn Pisapia
G. Track: Jonn Pisapia
B. VB: TBA
G. VB: Tammy Giusta
B. Water Polo: Jim Merten
G. Water Polo: Jim Merten
Wrestling: Casey Rose

ADMINISTRATION

Prin: Timothy Del Castillo
tdelcastillo@sierramadreadecademy.com
Prin Sec: Kathleen Carey
office@sierramadreadecademy.com
AP: Michael Frank 917-3574
ASB: Sarah Del Castillo

VARSIITY HEAD COACHES

Badminton: DNF
Baseball: DNF
B. BB: Mike Minney
G. BB: Mike Minney
B. XC: DNF
G. XC: DNF
Field Hockey: DNF
Football: DNF
B. Golf: DNF
G. Golf: DNF
Gymnastics: DNF
B. Lacrosse: DNF
G. Lacrosse: DNF
Roller Hockey: DNF
B. Soccer: DNF
G. Soccer: DNF
Softball: DNF
B. Swim: DNF
G. Swim: DNF
B. Tennis: DNF
G. Tennis: DNF
B. Track: Cheryl Tedrow
G. Track: Cheryl Tedrow
B. VB: DNF
G. VB: Marc Lomalei
B. Water Polo: DNF
G. Water Polo: DNF
Wrestling: DNF

ADMINISTRATION

Prin: Devereaux Lloyd x 34
revdev11@sbcglobal.net
AP: George Nobbs x 29
AD-Boys: George Nobbs
geonobbs@aol.com
AD-Girls: Sarah Chun
kuuleialoha1@hotmail.com
AD Sec: Janette Davis x 30
ASB: Devereaux Lloyd x 34
Finance: Janette Davis x 30
Cheer: N/A
Band: N/A

VARSIITY HEAD COACHES

Badminton: DNF
Baseball: DNF
B. BB: Tony Zuniga
G. BB: Sarah Chun
B. XC: DNF
G. XC: DNF
Field Hockey: DNF
Football: DNF
B. Golf: George Nobbs
G. Golf: DNF
Gymnastics: DNF
B. Lacrosse: DNF
G. Lacrosse: DNF
Roller Hockey: DNF
B. Soccer: TBA
G. Soccer: DNF
Softball: DNF
B. Swim: DNF
G. Swim: DNF
B. Tennis: Devereaux Lloyd
G. Tennis: DNF
B. Track: DNF
G. Track: DNF
B. VB: DNF
G. VB: Sarah Chun
B. Water Polo: DNF
G. Water Polo: DNF
Wrestling: DNF

SOUTHWEST (I.V.)

web: cuhsd.net
2001 Ocotillo Avenue
El Centro, CA 92243
Ph: 760-336-4100
Fax: 760-353-3116
Southeastern Conference/Imperial Valley
Central U.H.S.D.
Coed/Four Years
Enrollment (9-12) = 2207
Eagles
Purple/Vegas Gold

Direction: I-8 east to (El Centro)
Imperial Ave exit - L on Ocotillo - 3 blks
to school.

SOUTHWEST (S.D.)

web: www.suhsd.k12.ca.us/soh
1685 Hollister Street
San Diego, CA 92154
Ph: 619-628-3023
Fax: 619-423-8253
Metro Conference/South Bay
Sweetwater U.H.S.D.
Coed/Four Years
Enrollment (9-12) = 2425
Raiders
Cardinal Red/Gold

Direction: I-5 to Coronado Ave -
straight ahead to Hollister Street.

STEELE CANYON

web: N/A
12440 Campo Road
Spring Valley, CA 91978
Ph: 619-660-7100
Fax: 619-660-7198
Grossmont Conference/South
Grossmont U.H.S.D.
Coed/Four Years
Enrollment (9-12) = 1925
Cougars
Navy Blue/Cardinal

Direction: Hwy 94 E to Campo Rd to
Cougar Canyon Dr - L into school.

SUN VALLEY CHARTER

web: www.sunvalleycharter.org
2102 Main Street
Ramona, CA 92065
Ph: 760-788-8008
Fax: 760-788-8616

Falcons
Green/Gold

Direction: North of Hwy 67, turns in Main
St., school is at 2102.

SWEETWATER

web: www.suhsd.k12.ca.us/suh/
2900 Highland Avenue
National City, CA 91950
Ph: 619-336-7009
Fax: 619-474-7635
AD Fax: 619-477-7872
Metro Conference/Mesa
Sweetwater U.H.S.D.
Coed/Four Years
Enrollment (9-12) = 2647
Red Devils
Red/Gray/White/Black

Direction: I-5 to 24th St East - R at
Highland Ave or I-805 to Sweetwater
Rd W - R at Highland Ave.

ADMINISTRATION

Prin: Joe Evangelist 336-4290
jevangel@cuhsd.net
AP: Craig Lyon 336-4257
AD: Craig Lyon -336-4257
email: clyon@cuhsd.net
AD Sec: Alma Jimenez 336-4220
ASB: Sergio Rubio 336-4215
Finance: Diane Richmond 336-4249
Cheer: Denise Harrison
Band: Mark Mordansini 336-4262

VARSITY HEAD COACHES

Badminton: DNF
Baseball: Sergio Rubio
B. BB: Phil Grant
G. BB: Joshua Razmus
B. XC: David Obeso
G. XC: David Obeso
Field Hockey: DNF
Football: Mike Swearingen
B. Golf: Stan Gienger
G. Golf: Chris Spanos
Gymnastics: DNF
B. Lacrosse: DNF
G. Lacrosse: DNF
Roller Hockey: DNF
B. Soccer: Rafael Contreras
G. Soccer: Lluvia Ramirez
Softball: Stephanie Niebla
B. Swim: Scott Fullerton
G. Swim: Scott Fullerton
B. Tennis: Genaro Pineiro
G. Tennis: Genaro Pineiro
B. Track: TBA
G. Track: TBA
B. VB: DNF
G. VB: Karen Saikhon
B. Water Polo: DNF
G. Water Polo: DNF
Wrestling: Lionel Cordova

ADMINISTRATION

Prin: Sid Salazar
sid.salazar@suhsd.k12.ca.us
Prin Sec: Pam Rose x 110
pamela.rose@suhsd.k12.ca.us.
AP: Mike Parker x 110
michael.parker@suhsd.k12.ca.us
AD: Steve Selland 628-3023
Email: steve.selland@suhsd.k12.ca.us
AD Sec: Robin Meglin 628-3190
ASB: Mark Carpizo
Finance: Robin Megling 628-3190
Cheer: Ana Guzman 628-3023
Band: TBA

VARSITY HEAD COACHES

Badminton: DNF
Baseball: Tom Hernandez
B. BB: Steve Selland
G. BB: Amanda Coon
B. XC: Chris Tompkins
G. XC: Chris Tompkins
Field Hockey: DNF
Football: Mike Martinez
B. Golf: Art Quesada
G. Golf: Art Quesada
Gymnastics: DNF
B. Lacrosse: DNF
G. Lacrosse: DNF
Roller Hockey: Jerry Nestterode
B. Soccer: Guillermo Medina
G. Soccer: TBA
Softball: Norma Barba
B. Swim: John Carson
G. Swim: John Carson
B. Tennis: Juan Baca
G. Tennis: Juan Baca
B. Track: David Thompson
G. Track: Chris Tompkins
B. VB: Jae Enginco
G. VB: Tom Hernandez
B. Water Polo: Jon Carson
G. Water Polo: Jon Carson
Wrestling: Joel Rodriguez

ADMINISTRATION

Prin: Gary Schwartzwald x 111
gschwartzwald@guhsd.net
AP: Jeff Meredith x 126
jmeredith@guhsd.net
AD: Gary Stathas x 371
gstathas@guhsd.net
AD Sec: Linda Beauparlant x 128
ASB: Randy Miluso
Finance: Julie Uto x 241
Cheer: Christy Taylor 445-2494
Band: Richard Chisholm x 351

VARSITY HEAD COACHES

Badminton: DNF
Baseball: Phil Mitty
B. BB: Bernie Balikian
G. BB: Frank QuiN/As
B. XC: Gary Stathas
G. XC: Pat Connolly
Field Hockey: DNF
Football: Ron Boehmke
B. Golf: Dan Pyle
G. Golf: Richard Harris
Gymnastics: Julian Friesen
B. Lacrosse: DNF
G. Lacrosse: DNF
Roller Hockey: DNF
B. Soccer: Elio Bello
G. Soccer: Charlie Cleaves
Softball: Julie Bohe
B. Swim: Nic Maes
G. Swim: Stephanie Kuhns
B. Tennis: Jerry Segawa
G. Tennis: Jerry Segawa
B. Track: Gary Stathas
G. Track: Charles Tyler
B. VB: Gil Saldivar
G. VB: Mike Manthei
B. Water Polo: Nic Maes
G. Water Polo: Nic Maes
Wrestling: David Tomaino

ADMINISTRATION

Prin: David Tarr
davidtarr@sunvalleycharter.org
Prin Sec/AD Sec: Sue Graf
sgraf@sunvalleycharter.org
AP: Unknown
Email: N/A
AD: Michael French
mfrenchsvchs@yahoo.com
ASB: Geri Volz
Finance: Sue Graf
Cheer: Sandy Hively
Band: Unknown

VARSITY HEAD COACHES

Badminton: DNF
Baseball: DNF
B. BB: Michael French
G. BB: DNF
B. XC: TBA
G. XC: TBA
Field Hockey: DNF
Football: Gerry Webb
B. Golf: Michael French
G. Golf: DNF
Gymnastics: DNF
B. Lacrosse: DNF
G. Lacrosse: DNF
Roller Hockey: DNF
B. Soccer: DNF
G. Soccer: Michael French
Softball: DNF
B. Swim: DNF
G. Swim: DNF
B. Tennis: DNF
G. Tennis: DNF
B. Track: DNF
G. Track: DNF
B. VB: DNF
G. VB: Michael French
B. Water Polo: DNF
G. Water Polo: DNF
Wrestling: DNF

ADMINISTRATION

Prin: Wes Braddock
wes.braddock@suhsd.k12.ca.us
AP: John Cherry 474-4016
AD: Tim Latham 477-7872
robert.latham@suhsd.k12.ca.us
AD Sec: N/A
ASB: John Cherry 474-4016
Finance: Chris Gonzalez 474-4016
Cheer: Cyndy Casas
Band: Patrick Doerr

VARSITY HEAD COACHES

Badminton: DNF
Baseball: Andy Sanchez
B. BB: Irvin Jerry
G. BB: Heather Huckaby
B. XC: Tim Latham
G. XC: Craig Balsley
Field Hockey: DNF
Football: Tony Garcia
B. Golf: Don Howard
G. Golf: Don Howard
Gymnastics: DNF
B. Lacrosse: DNF
G. Lacrosse: DNF
Roller Hockey: Yvonne Curtis
B. Soccer: Raul Galindo
G. Soccer: Robert Bonilla
Softball: Yvonne Curtis
B. Swim: Corey Fimpel
G. Swim: Corey Fimpel
B. Tennis: Roberto Chaidez
G. Tennis: Roberto Chaidez
B. Track: Tim Latham
G. Track: Tim Latham
B. VB: Jason Josafat
G. VB: Sherri Reid
B. Water Polo: DNF
G. Water Polo: DNF
Wrestling: TBA

TORREY PINES

web: www.tphs.net
3710 Del Mar Heights Rd, 92130
Ph: 858-755-0125
Fax: 858-481-0098
AD Fax: 858-259-6097
North County Conference/Palomar
San Dieguito U.H.S.D.
Coed/Four Years
Enrollment (9-12) = 3311
Falcons
Cardinal Red/Gold
Direction: From I-5: Del Mar Heights Road-E
From 1-15:56 Fwy East, exit (R) Carmel
Country Rd, (R) Del Mar Heights Rd.
just ahead on left

ADMINISTRATION

Prin: Brett Kileen x 2221
brett.kileen@sduhsd.net
AP: Rick Ayala x 2271
AD: Anne Meigs x 2026
anne.meigs@sduhsd.net
AD Sec: Sue Regis x 2226
ASB: Scott Chodorow x 2060
Finance: Patricia Hargraves x 2297
Cheer: Scott Chodorow x 2060
Band: Amy Willcox x 2272

VARSITY HEAD COACHES

Badminton: DNF
Baseball: Matt Chess
B. BB: John Olive
G. BB: Doug Gilbert
B. XC: Brent Thorne
G. XC: Brent Thorne
Field Hockey: Kari DiGuilio
Football: Ed Burke
B. Golf: TBA
G. Golf: John Olive
Gymnastics: Denise Sterger
B. Lacrosse: TBA
G. Lacrosse: Hillary Nixon
Roller Hockey: DNF
B. Soccer: Andy Hargreaves
G. Soccer: Dennis Costello
Softball: Jon Moore
B. Swim: Richard Contreras
G. Swim: Richard Contreras
B. Tennis: Anne Meigs
G. Tennis: Anne Meigs x 2026
B. Track: Brent Thorne
G. Track: Brent Thorne
B. VB: Dan Lyman
G. VB: Jim Harrah
B. Water Polo: Rob Tilburg
G. Water Polo: Rob Tilburg
Wrestling: Jesse Mindlin

TRI-CITY CHRISTIAN

web: www.tccathletics.com
1737 West Vista Way
Vista, CA 92083
Ph: 760-806-8247
Fax: 760-806-9002
Coastal Conference/North
Private School
Coed/Four Years
Enrollment (9-12) = 295
Eagles
Cardinal Red/Navy Blue

Direction to Athletic Facilities:

I5 to Hwy 78 E or I-15 to Hwy 78 W.
Exit Emerald - go north.

ADMINISTRATION

Prin: Sharon Privett x 202
sharon.privett@tccs.org
AP: N/A
AD: Stan Bickley x 206
coachbickley@tccs.org
AD Sec: Teri Montano x 219
ASB: Tina Blankenship x 312
Finance: Ruth Apsley 630-8227
Cheer: Tina Blankenship x 312
Band: N/A

VARSITY HEAD COACHES

Badminton: DNF
Baseball: Ken Bouchard
B. BB: Stan Bickley
G. BB: John Dubreville
B. XC: Mike Mena
G. XC: Colleen Soto
Field Hockey: DNF
Football: Joe Zerucha
B. Golf: Jack Demaree
G. Golf: DNF
Gymnastics: DNF
B. Lacrosse: DNF
G. Lacrosse: DNF
Roller Hockey: DNF
B. Soccer: Steve Davidson
G. Soccer: Rick Moore
Softball: Matt Nash
B. Swim: DNF
G. Swim: DNF
B. Tennis: DNF
G. Tennis: Mindy Shipley
B. Track: TBA
G. Track: TBA
B. VB: Kristen Wright
G. VB: Kristen Wright
B. Water Polo: DNF
G. Water Polo: DNF
Wrestling: DNF

UNIVERSITY CITY

web: www.uchs.sandi.net
6949 Genesee Avenue
San Diego, CA 92122
Ph: 858-457-3040
Fax: 858-458-9432
AD Fax: 858-452-6518
City Conference/Western
San Diego U.S.D.
Coed/Four Years
Enrollment (9-12) = 1930
Centurions
Navy/White/Columbia Blue
Directions: I-805 to 52 West or I-5
to 52 East - North on Genesee.

ADMINISTRATION

Prin: Ernie Smith x 201
esmith@sandi.net
Prin Sec: Barbara Prince x 201
bprince@sandi.net
AP: Kathy Casey x 205
AD: Edward Yandall x 243
eyandall@sandi.net
AD Sec: N/A
ASB: Michelle Fournier x 153
Finance: Arlene Mataban x 208
alee4@sandi.net
Cheer: Melina Ayala 619-368-9644
Band: Michael Cummins x 233

VARSITY HEAD COACHES

Badminton: Josie Scanlon
Baseball: Joe Radovich
B. BB: Terry Stonebreaker
G. BB: John Fiorentino
B. XC: Jim McCarthy
G. XC: Jim McCarthy
Field Hockey: Corrie Ceccolini
Football: Patrick Coleman
B. Golf: TBA
G. Golf: DNF
Gymnastics: DNF
B. Lacrosse: Patrick Coleman
G. Lacrosse: DNF
Roller Hockey: DNF
B. Soccer: Keith Kennedy
G. Soccer: Jerry Fox
Softball: Michael Roberts
B. Swim: Ty Lackey
G. Swim: Ty Lackey
B. Tennis: Bo Navarro
G. Tennis: Bonnie Newmark
B. Track: John Hutsel
G. Track: John Hutsel
B. VB: David Lau
G. VB: David Lau
B. Water Polo: Ty Lackey
G. Water Polo: Ty Lackey
Wrestling: Jered Needham

VALHALLA

web: Valhalla@guhsd.net
1725 Hillsdale Road
El Cajon, CA 92019
Ph: 619-593-5300
Fax: 619-588-9713
Grossmont Conference/South
Grossmont U.H.S.D.
Coed/Four Years
Enrollment (9-12) = 1953
Norseman
Orange/White
Directions: I-8 to 2nd St South
(becomes Jamacha Rd at Main St - L at
Hillsdale Rd.

ADMINISTRATION

Prin: Larry Martinsen x 35312
lmartins@guhsd.net
AP: Sam Lund 593-5322
AD: Robert Wilson 593-5460
AD Sec: Debi McLean 593-5324
ASB: Susan Wakefield 593-5404
Finance: Connie Kaminsky 593-5337
Cheer: Bobbie Norby 579-5187
Band: Richard Almanza 593-5431

VARSITY HEAD COACHES

Badminton: DNF
Baseball: Steve Purdue
B. BB: Eric Thomas
G. BB: Robert Wilson
B. XC: Carter Yarbrough
G. XC: Carter Yarbrough
Field Hockey: Lisa Marino
Football: Dave Hostetler
B. Golf: Tony Megna
G. Golf: Tony Megna
Gymnastics: Debi Gooding
B. Lacrosse: Issac Merfalen
G. Lacrosse: TBA
Roller Hockey: DNF
B. Soccer: Brad Baughn
G. Soccer: Gary Trask
Softball: Doug Hartung
B. Swim: Kent Houston
G. Swim: Kent Houston
B. Tennis: Don Ackerly
G. Tennis: Don Ackerly
B. Track: Jon Owens
G. Track: Richard Torge
B. VB: Chad Hughes
G. VB: Scott Strange
B. Water Polo: Ryan Needles
G. Water Polo: Ryan Needles
Wrestling: Glen Takahashi

VALLEY CENTER

web: www.vcpusd.net
31322 Cole Grade Road
Valley Center 92082
Ph: 760-751-5500
Fax: 760-751-5509
North County Conference/Valley
Valley Center-Pauma U.S.D.
Coed/Four Years
Enrollment (9-12) = 1520
Jaguars
Black/Teal/Gold

Directions: I-15 to Old Castle Rd East
until it deadends - L on Valley Center Rd
- Left on Cole Grade (3 1/2 mi to school).

VINCENT MEMORIAL

web: N/A
525 West Sheridan Avenue
Calexico, CA 92231
Ph: 760-357-3461
Fax: 760-357-0902
Southeastern Conference/Desert
Diocese of San Diego
Coed/Four Years
Enrollment (9-12) = 258
Scots
Navy/White/Gold

Directions: I-8 E past El Centro to
Hwy 111 S - R at Hwy 98 - L to Cesar
Chavez Blvd - bear right to school.

VISTA

web: vusd.k12.ca.us
One Panther Way
Vista, CA 92084
Ph: 760-726-5611
Fax: 760-630-9738
North County Conference/Palomar
Vista U.S.D.
Coed/Four Years
Enrollment (9-12) = 3396
Panthers
Red/Black/White

Directions: I-5 to Hwy 78 E or I-15 to
Hwy 78 W - R Vista Village Dr - L South
Santa Fe - R Robier - L Panther Way.

ADMINISTRATION

Prin: Ron McCowan 751-5502
mccowan.ro@vcpusd.net
Prin Sec: Robin Macomber 751-5503
macomber.ro@vcpusd.net
AP: Dennis Zabinsky 751-5531
AD: Mike Cummings 751-5554
cummins.mi@vcpusd.net
AD Sec: Patty Chavez
ASB: Rob Gilster x 409
Finance: Silvia Favela 751-5516
Cheer: Angelina Ruggiero x 903
Band: Christopher Hollyday x 906

VARSITY HEAD COACHES

Badminton: DNF
Baseball: Bill Dunckel
B. BB: Robert Purdy
G. BB: Mark Melton
B. XC: Mike Cummings
G. XC: Mike Cummings
Field Hockey: Paige Hreha
Football: Rob Gilster
B. Golf: Ron Ventimiglia
G. Golf: Shandra Degan
Gymnastics: DNF
B. Lacrosse: DNF
G. Lacrosse: Victoria Bausonne
Roller Hockey: DNF
B. Soccer: Eric Osterberg
G. Soccer: Daniel Dillinger
Softball: John Scibilia
B. Swim: John McGlynn
G. Swim: John McGlynn
B. Tennis: Peter Skidmore
G. Tennis: Peter Skidmore
B. Track: Mike Cummings
G. Track: Mike Cummings
B. VB: Alan Dale
G. VB: Nathan Rendon
B. Water Polo: Kyle Kline
G. Water Polo: Jason Poole
Wrestling: Clay Clifford

ADMINISTRATION

Prin: Sister Lilia M. Barba, SJS
email: N/A
AP: Elva Ochoa 357-3461
AD: Jesus Gonzalez 357-3461
jmano07@hotmail.com
AD Sec: N/A
ASB: Astrid Roldan
Finance: Yvette Sanchez
Cheer: Eriam Islas
Band: Rodrigo Islas

VARSITY HEAD COACHES

Badminton: DNF
Baseball: Phabian Gonzalez
B. BB: Peter Contreras
G. BB: Jesus Gonzalez
B. XC: Jesus Gonzalez
G. XC: Jesus Gonzalez
Field Hockey: DNF
Football: Joe Bilema
B. Golf: Jesus Gonzalez
G. Golf: Jesus Gonzalez
Gymnastics: DNF
B. Lacrosse: DNF
G. Lacrosse: DNF
Roller Hockey: DNF
B. Soccer: Pasqual Gonzalez
G. Soccer: Juan Ridaura
Softball: Juan Ridaura
B. Swim: DNF
G. Swim: DNF
B. Tennis: Pel Garcia
G. Tennis: Pel Garcia
B. Track: Jesus Gonzalez
G. Track: Jesus Gonzalez
B. VB: DNF
G. VB: Karla Tapia
B. Water Polo: DNF
G. Water Polo: DNF
Wrestling: DNF

ADMINISTRATION

Prin: Larry White x 4001
lwhite@vusd.k12.ca.us
Prin Sec: Debbie Riehle x 4001
dreihe@vusd.k12.ca.us
AP: Eric Chagala x 4031
AD: Pat Moramarco x 4011
pmoramar@vusd.k12.ca.us
AD Sec: Patricia Short x 0
Ath Trainer: Michelle Hamilton
mhamilton@vusd.k12.ca.us
ASB: Debbie Edmund x 7801
Finance: Karen Riedel x 4029
Cheer: Jennifer Grainger x 4793
Band: John Vorwald x 4033

VARSITY HEAD COACHES

Badminton: DNF
Baseball: Charlie Mercado
B. BB: Fentriss Winn
G. BB: Holland Houchin
B. XC: Paul Kinder
G. XC: Ed Matheus
Field Hockey: Gail Petty
Football: Dan Williams
B. Golf: Duff McGrath
G. Golf: Rick Lepire
Gymnastics: DNF
B. Lacrosse: DNF
G. Lacrosse: DNF
Roller Hockey: DNF
B. Soccer: Dan Salas
G. Soccer: Dan Salas
Softball: Katie Ziegler
B. Swim: Dave Spence
G. Swim: Dave Spence
B. Tennis: Shawn Roybal
G. Tennis: Shawn Roybal
B. Track: Peter Brooks
G. Track: Candice Kordis
B. VB: DNF
G. VB: TBA
B. Water Polo: Dave Spence
G. Water Polo: Dave Spence
Wrestling: Chris Davis

WARNER

web: www.sdcoe.k12.ca.us/districts/warner
30951 Highway 79
mail: P.O. Box 8
Warner Springs, CA 92086
Ph: 760-782-3517
Fax: 760-782-0605
Southern Conference/Citrus
Warner U.S.D.
Coed/Four Years
Enrollment (9-12) =102
Wildcats
Black/Green
Directions: I-8 to Hwy 67 N thru
Ramona (becomes 78E) L on 79N
(Dudley's Baker) - 15 mi N to school.

ADMINISTRATION

Prin: Dr. Ron Koenig x 52
rkoenig@sdcoe.net
Prin Sec: Jenna Peterson x 52
jpeter@sdcoe.net
AP: N/A
AD: TBA
email: TBA
AD Sec: N/A
ASB: TBA
Finance: Alice Marshall x 15
Cheer: Debra Casteel
Band: N/A

VARSITY HEAD COACHES

Badminton: DNF
Baseball: Norm Fletcher
B. BB: Chris Sanchez
G. BB: Bill Langill
B. XC: DNF
G. XC: DNF
Field Hockey: DNF
Football: TBA
B. Golf: TBA
G. Golf: TBA
Gymnastics: DNF
B. Lacrosse: DNF
G. Lacrosse: DNF
Roller Hockey: DNF
B. Soccer: DNF
G. Soccer: DNF
Softball: Jerry Davis
B. Swim: DNF
G. Swim: DNF
B. Tennis: DNF
G. Tennis: DNF
B. Track: DNF
G. Track: DNF
B. VB: DNF
G. VB: TBA
B. Water Polo: DNF
G. Water Polo: DNF
Wrestling: DNF

WEST HILLS

web: whhs.guhsd.net
8756 Mast Blvd.
Santee, CA 92071
Ph: 619-956-0400
Fax: 619-562-9342
Grossmont Conference/North
Grossmont U.H.S.D.
Coed/Four Years
Enrollment (9-12) = 2348
Wolf Pack/Wolf
Silver/Blue/Black

Directions: I-52 east to Mast Blvd -
East on Mast to school.

ADMINISTRATION

Prin: Brian Wilbur 956-0412
bwilbur@guhsd.net
Prin Sec: Kathy Smith 956-0412
ksmith@guhsd.net
AP: Andrea Rad-Montgomery
AD: Don Rutledge 956-0527
drutledge@guhsd.net
AD Sec: Susan Coffroth 956-0424
Ath Trainer: Josh Reiderer
jreiderer@guhsd.net
ASB: Tanya Perich
Finance: Kris Husseman 956-0437
Cheer: Debbie Avery 956-0430
Band: Andy Nelson 956-0466

VARSITY HEAD COACHES

Badminton: DNF
Baseball: TBA
B. BB: Jeff Armstrong
G. BB: Carlos Moss
B. XC: Bill Cleves
G. XC: Bill Cleves
Field Hockey: DNF
Football: Steve Sutton
B. Golf: Todd Peterson
G. Golf: Jeff Armstrong
Gymnastics: Tonya Summers
B. Lacrosse: DNF
G. Lacrosse: DNF
Roller Hockey: Richard Lopez
B. Soccer: Russell Shubert, Jr.
G. Soccer: Dave Ridenour
Softball: Steve Sutton
B. Swim: Marsha Van Norman
G. Swim: Marsha Van Norman
B. Tennis: Jack Einbinder
G. Tennis: Nathan Weldon
B. Track: TBA
G. Track: TBA
B. VB: Jason Miner
G. VB: Bert Novicio
B. Water Polo: James Seals
G. Water Polo: James Seals
Wrestling: Henry Blackwood

WEST SHORES

www.coachella.k12.ca.us/interport/schools/westshores
2381 Shore Hawk
Salton City, CA 92275
Ph: 760-394-4331
Fax: 760-394-0971
Southern Conference
Coachella Valley U.S.D.
Coed/Four Years
Enrollment (9-12) = 139
Wildcats
Royal Blue/Gold

Directions: Hwy 86 N - R on Sunrise -
L on Marina. Make R at first light post on
right and follow signs to school.

ADMINISTRATION

Prin: David Shepard
dshepard@coachella.k12.ca.us
AP: Gladys Young
AD: Kurt Benjamin
kbenjamin@coachella.k12.ca.us
AD Sec: Josie Bautista
ASB: Gladys Young
Finance: Josie Bautista
Cheer: Joy Noah
Band: N/A

VARSITY HEAD COACHES

Badminton: DNF
Baseball: TBA
B. BB: Errin Robinson
G. BB: TBA
B. XC: DNF
G. XC: DNF
Field Hockey: DNF
Football: Luis Martinez
B. Golf: DNF
G. Golf: DNF
Gymnastics: DNF
B. Lacrosse: DNF
G. Lacrosse: DNF
Roller Hockey: DNF
B. Soccer: Luis Martinez
G. Soccer: DNF
Softball: Veronica Goodman
B. Swim: DNF
G. Swim: DNF
B. Tennis: DNF
G. Tennis: DNF
B. Track: DNF
G. Track: DNF
B. VB: DNF
G. VB: TBA
B. Water Polo: DNF
G. Water Polo: DNF
Wrestling: DNF

WESTVIEW

web: www.WestviewWolverines.com
13500 Camino Del Sur
San Diego, CA 92129
Ph: 858-780-2000
Fax: 858-780-2054
North County Conference/Palomar
Poway U.S.D.
Coed/Four Years
Enrollment (9-12) = 2037
Wolverines
Black/Vegas Gold/White

Directions: I-5 to SR-56 East of 1-15 to
SR-56 West, Exit Camino Del Sur, head North
Cheer: Janine Tompkins 619-206-7936
Band: Jeri Webb x 3262

ADMINISTRATION

Prin: Dawn Kastner x 3003
dkastner@powayusd.com
Prin Sec: Tina McDowell x 3005
tmcdowell@powayusd.com
AP: Todd Cassen x 3011
AD: Chris Carter x 3006
ccarter@powayusd.com
AD Sec: Lori Hath x 3007
Ath Trainer: Merrille Alexander
malexander@powayusd.com
ASB: Laurie Norcross x 3268
Finance: Lois Mangarelli x 3061
Cheer: Janine Tompkins 619-206-7936
Band: Jeri Webb x 3262

VARSITY HEAD COACHES

Badminton: DNF
Baseball: Beau Champoux
B. BB: Dave Delaney
G. BB: Bob McHeffey
B. XC: John Colson
G. XC: Lori Ammonette
Field Hockey: Kelli Gannon
Football: Tim White
B. Golf: John Klein
G. Golf: John Klein
Gymnastics: Stephanie Harrington
B. Lacrosse: Matt Holman
G. Lacrosse: TBA
Roller Hockey: Gordon Wiens
B. Soccer: Martin Coughlin
G. Soccer: Peter Stogsdill
Softball: Kelly Warner-Balmforth
B. Swim: Jake Siegfried
G. Swim: Jake Siegfried
B. Tennis: Amy Cook
G. Tennis: Amy Cook
B. Track: Tim Medlock
G. Track: Tim Medlock
B. VB: Steve McLaughlin
G. VB: Luis Cuatok
B. Water Polo: Ian Mc Kercher
G. Water Polo: TBA
Wrestling: Perry Watson